



SRE is lifelong learning about physical, sexual, moral and emotional development. It is about understanding the importance of stable and loving relationships, respect, love and care, for family life.

Our SRE programme is tailored to the needs of the individual pupil. It takes account of the learning needs, maturity and emotional development of our pupils and is tailored to their individual needs, aiming to enable them to make positive decisions in their lives.

SRE takes place within the PSHE programme of study but aspects will also be taught during RE and Science lessons

Under the Education Act 2002/Academies Act 2010, all schools must provide a balanced and broadly-based curriculum which:

- *promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and*
- *prepares pupils at the school for the opportunities, responsibilities and experiences of later life.*

The SRE curriculum aims to do just this, promoting children's understanding of relationships, including sexual relationships and prepare them for the emotional and physical changes that they will experience as they grow up. The effective teaching of SRE should help pupils to develop the personal skills needed if they are to establish and maintain relationships and make informed choices and decisions about their health and well-being. SRE is a graduated, age-appropriate programme which teaches children about sex, sexuality, emotions and relationships. It is based around the 3 main elements of:

- attitudes and values
- personal and social skills
- knowledge and understanding

The role of SRE in primary schools is to give children the knowledge and understanding they need as they go through puberty and grow into young adults. The 2002 'Sex Education Matters Forum' states that *'the Government has set a ten year strategy to drastically reduce the number of teenage pregnancies. A review of research into the effectiveness of SRE concluded that if it is provided early enough, it can contribute to a reduction in teenage pregnancies and improve young people's sexual health.'*

Paragraph 2 of the 'Sex and Relationship Education Guidance' July 2000 states: *'The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHE, will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.'*

As a school, it is this that we aim to achieve through our SRE programme.