

Sportsmanship



How Does a 'Sore Loser' Behave?



Gloating if they win



Only thinking about themselves winning



Only enjoying the game if they are winning



Being grumpy if they lose



Not helping others achieve or score



Being hurtful to others

How Does a 'Sore Loser' Feel?

?

Sad

?

Determined

?

Boastful

?

Angry

?

Grumpy

?

Mean

The result?

You don't feel good or happy about yourself if you are a 'sore loser'.

What Does Being a 'Good Sport' Mean?



Being cheerful



Trying hard



Enjoying the game



Saying 'well done' to others when they have finished their activity.



Playing as a team



Not being grumpy if you lose



Helping others achieve or score

How Does a 'Good Sport' Feel?



Happy



Excited



Satisfied



Good about
themselves
and others



Happy to have played
whatever the outcome



Happy
to win



Proud when people
praise you

The result?

You feel much happier when you are a 'good sport' and other people prefer working with you too.

Which Is Better?

Sore Loser

A 'sore loser' is:

- negative;
- unpleasant;
- a bad team player.

They feel:

- angry;
- boastful;
- mean.

Good Sport

A 'good sport' is:

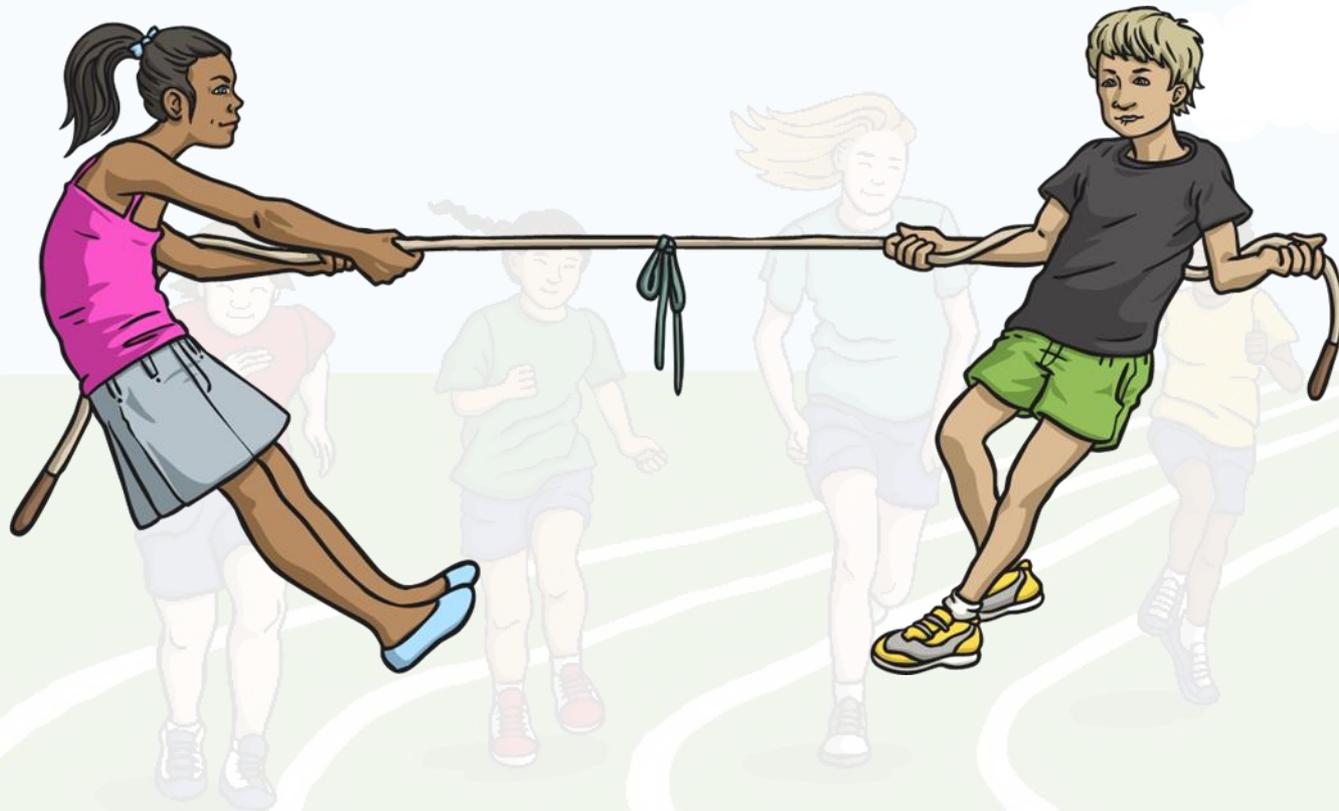
- helpful;
- encouraging;
- a good team player.

They feel:

- proud;
- happy;
- helpful.

Sportsmanship

Sportsmanship is based around respect and everyone involved in a sport – spectators can show good sportsmanship too.



How Can We All Be 'Good Sports'?

To be a 'good sport' you must:

- always try your best;
- say 'well done' to people who play well or win;
- be gracious whether you win or lose;
- use any disappointments as a motivation to win next time;
- enjoy playing the game whether you are winning or losing;
- play fair.



Inspiring Quotes from Sports Stars:



“Talent wins games, but teamwork and intelligence wins championships.”

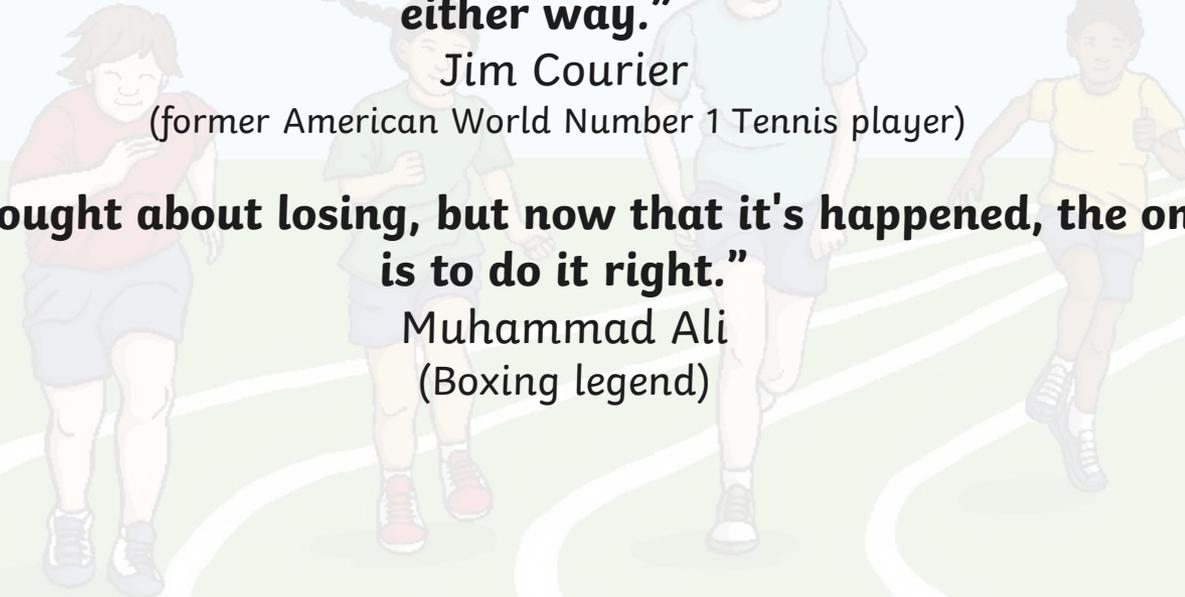
Michael Jordan
(American basketball star)

“Sportsmanship for me is when a guy walks off the court and you really can't tell whether he won or lost, when he carries himself with pride either way.”

Jim Courier
(former American World Number 1 Tennis player)

“I never thought about losing, but now that it's happened, the only thing is to do it right.”

Muhammad Ali
(Boxing legend)



Sportsmanship in Action:

During the London Marathon, Matthew Rees from Swansea Harriers forgot about focusing on his own personal time to stop and help a complete stranger over the line.



Time for Reflection...

Rudyard Kipling's quote from the poem 'If' :

**“If you can meet with Triumph and Disaster
And treat those two impostors just the same”**

What does this mean?





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