



Fremington Primary School Newsletter

Date: 9th Dec 2022

Edition 4



Message from the Headteacher:

What another jam-packed week it's been!

Unfortunately, we have had a number of cases of Scarlet Fever /Strep A in the school. Please see guidance that we will include at the end of this newsletter for further information and symptoms to look out for. We wish all those who are poorly at the moment a speedy recovery and hope you feel better soon.

What a lovely cold and fresh day it's been today! As we are expecting the cold spell to last a little longer, please can I ask that children are dressed appropriately during the cold weather. We are also trying to keep classrooms ventilated as best as possible due to Scarlet Fever/Strep A.

Great to see that all of the tickets are now sold for the Year 1 & 2 Christmas Performance. We do still have a few tickets available for parents of Nursery & Reception kids for Tuesday 13th December at 9.45am - Those who have children in Nursery & Reception will have been sent an email with the link to book your tickets.

Just a reminder, please can we ensure that children DO NOT bring toys, pencil cases or other personal items into school. Unfortunately, so many go missing, get broken and cause arguments.

Have a fabulous weekend!

Contact Details:

Please use the following contact details to report absences

Tel: 01271373979 Email: admin@fremingtonprimary.org

Dates for the diary:

Whole School:

December:

- Christmas Party Day in class -16th Dec
- Last day of term & Non-uniform -16th Dec

January:

- First Day of the Spring Term - 3rd Jan

Around the school

Nursery

- 12th Dec 2pm & 13th Dec 9.45am Christmas Performance
- Don't forget to apply for your primary place for 2023 via [Devon county council website](#).

Reception -

- 12th Dec 2pm & 13th Dec 9.45am Christmas Performance

Key Stage 1 (Year 1 & 2)

- 14th Dec 2.30pm, 15th Dec 9.30am & 5pm Christmas Performance
- **Year 2 - Owls** - Swimming every Tuesday from now until Christmas. Please ensure your child has their swimming hat otherwise they will not be able to participate.

Key Stage 2 (Year 3-6)

- 12th Dec Carols at St Peter Church. Children only.
- **Year 6 - Lions** - 12th Dec Swimming, please bring in your swimming kit.

Important Reminder

If your child is off sick, please ensure that you report this to the school office **before 9am of each morning of absence**. Any absences that have not been reported will be marked as unauthorised and no follow up phone call will be made by the Admin team. This is more important at the moment due to Scarlet Fever/Strep A.

Menu Change next week

Veggie option for Monday will now be Quorn sausage in a hot dog roll not vegetable Crumble

My Child At School -

www.mychildatschool.com/MCAS/MCSParentLogin



Your PTFA elves have been counting and I am pleased to let you know that your support for the Christmas Fair has raised a massive £1186, which will all go to enriching your child's journey whilst at school. That is a huge start in raising money for the Forest School.

Presents for Parents was a huge success this morning (Friday). I hope you enjoy what your child has chosen for you - remember they chose it!!!!

Also, thank you for again supporting your PTFA with ordering the Christmas Card Design your child did. The orders have all arrived now and have been distributed to your child's class.

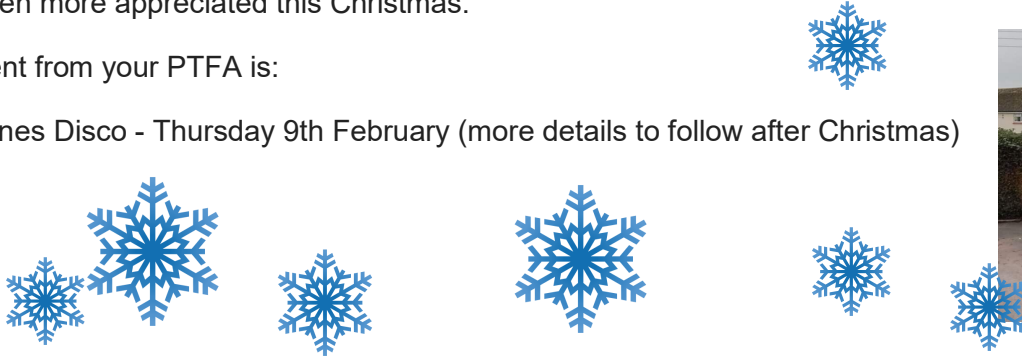
Times are hard for all of us at the moment and we are aware that Christmas is an expensive time, so your support is even more appreciated this Christmas.

The next event from your PTFA is:

- Valentines Disco - Thursday 9th February (more details to follow after Christmas)

Thank you

PTFA x



Fremington Primary School - Spring Term 2023

After School Football Club



Dear Parent

We are really excited to be continuing our Fremington Primary school after school football clubs.

Our after school clubs are FUN based sessions, working on various techniques in football. The sessions will change each week and will be about learning to love being active and having fun with friends whilst learning new skills and techniques with good quality coaching from qualified, DBS checked coaches.

The after school football club will run each week on the school field and will last for 1 hour. The sessions are open to both boys and girls. All footballers will be required to wear the correct footwear, trainers or AstroTurf boots and a football or PE Kit. We recommend footballers to wear shin pads.

| | |
|---|--|
| Reception, Year 1 & 2 | Year 3,4,5 & 6 |
| Monday's | Thursday's |
| 3.15pm – 4.15pm | 3.30pm – 4.30pm |
| 9th January – 27th March | 12th January – 30th March |
| Cost £55 (11 weeks) | Cost £55 (11 weeks) |



HOW TO BOOK:

Please go online to the following link and click on your school and follow the instructions:

<https://bookings.romarsports.com/list>

Please note unless your footballer is booked through our booking system, they will not have a place booked on the session! If you wish to pay by cash, please email andy@romarsports.com

You will receive a confirmation email. Please note there are limited spaces available per group so early booking is advised.

Important Safety Notice

Without wishing to seem as though we are 'nagging', please can we all work together on the following to ensure the safety of all whilst on the school site:

1. Please ensure that you leave space and keep the paths clear when dropping children off in Year 2.
2. Please ensure that children do not ride scooters or bikes on the school playground after school.
3. Please ensure that you use the paths when crossing the school car park.

Celebration & Achievements

Non-Negotiable Ned & Persevering Pete

Reception -

Fireflies: Ezra M & Maddie S

Dragonflies: Eilee-May W & Nala M

Year 1:

Otters: Millie L & Maizie T

Foxes: Jaycee S & Isla P

Year 2 -

Hedgehogs: Ciara W & Oliver P-T

Owls: Sophie H & Tristan W

Year 3 -

Kestrels: Isla H & Andrew M

Eagles: Esme S & Penny-Lee W



Year 4 -

Hawks: Nile R & Aleshia S

Falcons: Mason W & Harry B

Year 5 -

Leopards: Alfie J & Evelyn S

Panthers: Jessica S & Emily D

Year 6 -

Tigers:

Lions: Josh M & Jake B





'Autism and Us' Parent Programme and autism themed workshops (Spring Term 2023)

[Support from the Communication and Interaction Team - Education and Families \(devon.gov.uk\)](https://www.devon.gov.uk)

Support for parents/carers of Devon primary and secondary children who are either on the autism waiting list or who have received a diagnosis of autism.



Our 'Autism & Us' programme and themed workshops delivered this academic year will once again be offered during the forthcoming Spring term for parents/carers of Devon primary and secondary school children, pre or post diagnosis.

We are delighted to announce that we are offering access for families of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis. Attending the 'Autism & Us' parent programme gives you an opportunity to develop your understanding of autism and look at practical solutions to managing and supporting your child's presenting needs.

Full programme details and application process below:



Autism & Us programmes:

| No. | Topic | Programme 1 | Programme 2 | Trainer |
|-----|--|--------------------------|----------------------|----------------|
| 1 | Autism overview | Wed 11 Jan - 4.30 – 6.30 | Mon 6 Mar - 10 - 12 | Paul Lamanna |
| 2 | Communication | Wed 18 Jan - 4.30 – 6.30 | Mon 13 Mar - 10 - 12 | Laura O'Shea |
| 3 | Understanding and supporting behaviour | Wed 1 Feb - 4.30 – 6.30 | Mon 20 Mar - 10 - 12 | Laura Matthews |
| 4 | Sensory | Wed 8 Feb - 4.30 – 6.30 | Mon 27 Mar - 10 - 12 | Kevin Jones |

Apply direct by email to: educationlearnersupport@devon.gov.uk



To secure a place on any of the above programmes, or express your interest for forthcoming programmes. We will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line 'live' via the Microsoft TEAMS platform.

Topic based workshops:

The following topic based workshops, are also available for parents/carers of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis. You can choose from these based on the relevance to you and your family.

| Date | Time | Topic | Trainer |
|--------------|-----------|--|----------------|
| Tues 17 Jan | 10 - 12 | Autism – Sensory processing + integration | Kevin Jones |
| Thurs 26 Jan | 9.30 - 12 | Autism and Girls | Robert Good |
| Tues 23 Feb | 10 - 12 | Autism – Demand avoidance + PDA | Robert Good |
| Tues 2 Mar | 10-12 | Autism – Communication (verbal – support strategies) | Laura O'Shea |
| Tues 14 Mar | 10 - 12 | Autism – Managing stress + anxiety | Alison Cann |
| Thurs 23 Mar | 10 - 12 | Autism – Vulnerability + online safety | Paul Lamanna |
| Tues 28 Mar | 10 - 12 | Autism – Communication (pre/non verbal – support strategies) | Laura Matthews |

Apply direct by email to: educationlearnersupport@devon.gov.uk

To secure a place on any of the above topic based workshops. We will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line 'live' via the Microsoft TEAMS platform



Scarlet Fever/Strep A

What is strep A?

It's sometimes found in the throat or on the skin. Many people carry it harmlessly without even knowing, but they can spread it to others who might become ill.

How can you get it?

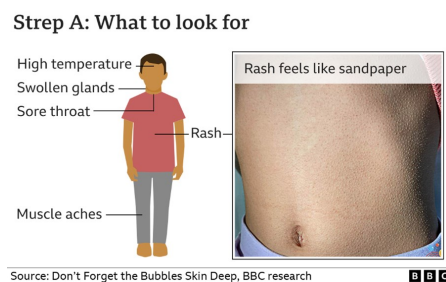
People can catch it through close contact and from coughs and sneezes. Outbreaks can sometimes happen in places like schools and care homes.

What are the symptoms?

Most often, symptoms are mild - a sore throat or a skin infection that can be easily treated with antibiotics. Strep A can cause a range of things - and some of them are more serious. One is scarlet fever, which mostly affects young children and, again, needs antibiotics.

What is scarlet fever? It is a notifiable disease, meaning health professionals must inform local health protection teams of suspected cases. This is so they can be treated quickly and possible outbreaks brought under control.

It causes a rash and flu-like symptoms, including a temperature, sore throat and swollen neck glands



On darker skin the rash can be more difficult to detect visually but will have a sandpaper feel.

Someone who has scarlet fever may have what doctors call a strawberry tongue - because its appearance looks a bit like a strawberry.

Is strep A dangerous?

Very rarely, strep A can also cause something called invasive group A streptococcal infection or iGAS. This can be deadly.

Invasive disease happens when the bacteria get past your body's immune defences. This can happen when you are already ill or are on treatments, such as some cancer therapies, that affect your immune system.

Warning signs of invasive disease include:

- fever (a high temperature above 38C)
- severe muscle aches

Urgent, early medical help is essential.

The UK Health Security Agency advises: "Anyone with high fever, severe muscle aches, pain in one area of the body and unexplained vomiting or diarrhoea should call NHS 111 and seek medical help immediately."

What to do if your child is unwell

If you think your child may have any symptoms from Strep A then you should speak with your doctor. Tell them if you have been in contact with someone who has had Strep A recently.

Scarlet Fever/Strep A

Contact NHS 111 or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other [signs of dehydration](#)
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

Call 999 or go to A&E if:

- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs

- there are pauses when your child breathes

your child's skin, [tongue or lips are blue](#)

your child is floppy and will not wake up or stay awake

Can adults get strep A?

Yes. Anyone can catch it if they come into close contact with someone who is infected. Most people will not get very sick though.

Is there a vaccine?

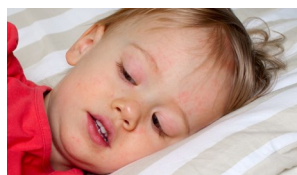
No. Strep A is treated with antibiotics.

What is the UK doing about it?

Investigations are under way following reports of an increase in infections in children over the past few weeks, particularly with some causing severe illness.

Currently, there is no evidence that a new strain is circulating. The increase is most likely related to high amounts of circulating bacteria.

Scarlet fever causes a noticeable rash



How can we stop infections from spreading?

Good hand and respiratory hygiene are important for stopping the spread of many bugs. By teaching your child how to wash their hands properly with soap and warm water for 20 seconds, using a tissue to catch coughs and sneezes, and keeping away from others when feeling unwell, they will be able to reduce the risk of picking up, or spreading, infections.

Complications

Children who have Flu or chickenpox at the same time as a GAS infection are more likely to develop a serious infection (Invasive GAS), and parents should remain vigilant for symptoms such as a persistent high fever, cellulitis (skin infection) and arthritis (joint pain and swelling). If you are concerned for any reason, please seek medical assistance immediately.

If your child has an underlying condition which affects their immune system, you **should contact your GP or hospital doctor to discuss whether any additional measures are needed.**

Please inform the school if your child contracts such an infection. Stay safe and keep this guide to hand. <https://www.nhs.uk/conditions/scarlet-fever/>