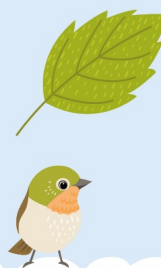




SOUTH WEST
norse



Fresh Ideas Feeding Minds **Spring / Summer**

Menu 2024

Welcome to our New Spring/Summer menu.

Allergen information is available at

www.swnorse.co.uk

Special diet registration forms are
available via email

catering@swnorse.co.uk



**“Putting Children at the
Heart of What We Do”**

Throughout the year we offer a number
of themed menus to support the
curriculum, celebrate holidays and
seasonal events - please check with your
school for local arrangements.

**Fresh Bread, Salad, Fruit,
Yoghurts and Water are
all available daily.**



Please note the menu may be subject to change to meet local needs. For details of employment opportunities within South West Norse please email info@swnorse.co.uk or phone us 01392 351160.

**SUGAR
SMART**
Devon

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margarita Pizza	Norse Beef Burger in a Bap	Roast Chicken with Stuffing	Salmon & Broccoli Pasta in Tomato Sauce	Fish Fingers
Option 2 (v)	Vegetable Pasta Bake	Quorn Burger in a Bap	Veggie Roast Wellington	Freshly Prepared Mac & Cheese	Vegetable Fingers
Sides	Sweetcorn & Pasta	Baked Beans Salad Sticks Potato Wedges	Seasonal Vegetables Roast Potatoes & Gravy	Green Beans Sliced Carrots	Baked Beans or Peas Crunchy Vegetable Sticks & Chips
And for pudding	Strawberry Mousse	Chocolate Surprise Brownie	Organic Pip Ice Lolly	Flapjack with Apple Wedges	Chocolate Shortbread
Jacket Potato	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo
Sandwich Lunch	Egg Mayo Baguette	Cheese & Salad Wrap	Tuna Mayo Baguette	Ham & Salad Baguette	Cheese Mayo & Cucumber Baguette
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives *Sandwich lunch: Served with salad sticks & yoghurt & piece of fruit				
Week starting:	15/04/24 - 07/05/24 - 03/06/24 - 24/06/24 - 15/07/24 - 09/09/24 - 30/09/24 - 21/10/24				

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margarita Pizza	Sausage Roll	Roast Gammon	Chicken & Vegetable Meatballs in Tomato Sauce	Fish Fingers
Option 2 (v)	Quorn & Vegetable Fajita	Vegan Sausage Roll	Cheese, Potato & Leek Parcel	Veggie Balls in Tomato Sauce	Cheese Omelette
Sides	Sweetcorn & Pasta	Baked Beans or Crunchy Salad Sticks & Diced Potatoes	Seasonal Vegetables Roast Potatoes & Gravy	Pasta & Country Mixed Veg	Baked Beans or Peas Crunchy Vegetable Sticks & Chips
And for pudding	Chocolate Arctic Roll	Sticky Toffee Cake	Organic Pip Ice Lolly	Mandarin Orange Jelly	Oat & Sultana Cookie
Jacket Potato	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo
Sandwich Lunch	Egg Mayo Baguette	Cheese & Salad Wrap	Tuna Mayo Baguette	Cheese & Tomato Baguette	Ham Mayo & Cucumber Baguette
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives *Sandwich lunch: Served with salad sticks & yoghurt & piece of fruit				
Week starting:	22/04/24 - 13/05/24 - 10/06/24 - 01/07/24 - 22/07/24 - 16/09/24 - 07/10/24				

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margarita Pizza	Sticky Soy & Honey Chicken	Butchers Sausages & Yorkshire Pudding	Beef Bolognese	Fish Fingers
Option 2 (v)	Roasted Vegetable Pasta Bake	Homemade Cheese Wheels	Quorn Sausage & Yorkshire Pudding	Quorn Bolognese	Quorn Dippers
Sides	Sweetcorn & Pasta	Baked Beans Peas & Diced Potatoes	Seasonal Vegetables Roast Potatoes & Gravy	Green Beans Sweetcorn & Spaghetti	Baked Beans or Peas Crunchy Vegetable Sticks & Chips
And for pudding	Orange & Mango Iced Smoothie	Rice Krispie Cake	Organic Pip Ice Lolly	Oaty Apple Crunch	Homemade Jammy Dodger
Jacket Potato	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo	Beans/Cheese/Tuna Mayo
Sandwich Lunch	Egg Mayo Baguette	Cheese & salad Wrap	Tuna Mayo Baguette	Cheese & Tomato Beguette	Ham Mayo & Cucumber Baguette
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives *Sandwich lunch: Served with salad sticks & yoghurt & piece of fruit				
Week starting:	29/04/24 - 20/05/24 - 17/06/24 - 08/07/24 - 02/09/24 - 23/09/24 - 14/10/24				