



SCHOOL NEWSLETTER

15th November 2024

Latest News

What a week full of fun and fundraising!

Firstly, I must acknowledge the incredibly fundraising efforts that children have gone to this week, raising money for Children in Need. Our RunPudsey total has reached an incredible £2,231.76!

Our week kicked off with a whole school assembly where we launched National Anti-Bullying week. The focus this year is 'Choose Respect' and we have been thinking lots about how we can make that choice, even when things feel tricky and we're cross.

Year 4 had a great day at Exmoor Zoo this week, putting their science learning into action, identifying herbivores and carnivores and growing their knowledge with a workshop too. They were a fantastic team and impressed their adults with their behaviour, curiosity and enthusiasm to learn more. A special thanks to our hard-working PTFA who have worked tirelessly over the last year to help support trips like this, meaning we can keep the costs to an absolute minimum – thank you!

This week we celebrated the first ever Michael Rosen day, marking 50 years since the publication of his first book. Classes enjoyed creating their own books, taking part in online workshops with Michael Rosen himself, and our littlest learners donned their wellies and went on their very own bear hunt! What a fabulous celebration of his work and really exciting to be able to display some of the outcomes in our fantastic new library.

Finally, thank you to all parents/carers for attending Learning Consultations and SEND reviews over the last couple of weeks. It has been lovely to welcome you into school, strengthening the partnership between school and home.

Have a great weekend - watch Children in Need tonight to see the impact of your hard-earned fundraising money.

Mrs Gilbert



Attendance



Really great attendance this week, with lots of year groups above national average – well done everyone

School Development News

This week Claire Thomson (Tarka DCEO) came into school to conduct our annual safeguarding review. She spoke to children, parents and staff whilst also looking at the systems and processes that we have in place to keep children safe. Mrs Thomson was very pleased with staff's commitment to safeguarding our children and families. Thank you to those of you who stopped and spoke with her on Wednesday morning!

Also on Wednesday, Jonathan Gower (our School Improvement Officer) spent time with Mrs Burns looking closely at our curriculum and how we space learning, so that children have opportunities to revisit learning across the year, thus embedding it into their long term memory.

W/B: 11/11/2024

1	93.6%
2	97.6%
3	96.2%
4	97.5%
5	91.2%
6	92.6%
R	96.8%
Overall	95.1%



Lantern Parade

Friday 6th December – 5.15pm Meet at school.

We are excited to be taking part in this year's lantern parade on the evening of the Christmas Light Switch On. We will meet at school at 5.15pm, parade down to the Christmas tree display in the church and then on to the green for the big switch on! Our choir will be performing as will other choirs.

Every child will make a lantern in school and bring them home on the day – please send a clean, clear plastic bottle in to get repurposed into a colourful lantern by next Friday.



School Calendar Term dates are available on our website.

Date	Events
Tuesday 26th November	NEW - Year 3 Kent's Caverns History Trip Please see email for information
Wednesday 11th December	PTFA Christmas Bingo Evening More details to follow
Thursday 12th December	2pm Year 1 and 2 Play performance to parents Ticket details to follow
Friday 13th December	2pm Year 1 and 2 Play performance to parents Ticket details to follow
Friday 20th Dec	Last day of term
20th Dec – 5th Jan	Christmas Holiday Break
Monday 6th Jan	Non-Pupil Day
Tuesday 7th Jan	First day of Spring 1 term



Volunteer Tree Planters Needed!

Last year I applied to the Woodland Trust for some hedge plants to help screen our KS1 garden area from the road and to increase the wildlife habitats we have in our school site. They have arrived! All 130 of them... Do we have any keen gardeners (no skill needed!) who would be willing to give up a couple of hours popping these into the ground? Please get in touch with the school office if you are keen and able to help.



Staff News

This week we have said goodbye to teaching assistant Miss Knight and Kitchen Manager Gemma Shortridge. Miss Knight has stayed within the Tarka Learning Partnership and has taken on the role of Cover Supervisor at Park. We wish her lots of luck in this new role. Mrs Shortridge has today left her Kitchen Manager post but it is not goodbye because she remains in post as our Wrap-Around Care Lead.



PERSISTENCE

TEAMWORK

CURIOSITY

COMMUNICATION

Award Winners

Charlotte - Kestrels
 Dilara & Max- Eagles
 Annabelle & Chester - Hawks
 Hayla & Grace - Falcons
 Megan & Edward - Panthers
 Kobe & Mason - Lions

You have all been recognised for your fantastic learning behaviours – WELL DONE!



FREMINGTON PRIMARY SCHOOL

SPOTACULAR

WE'RE SUPPORTING
BBC CHILDREN IN NEED

Help us to raise a record-breaking total for **BBC Children in Need** this year. Get your school involved & start fundraising today!



£2,231.76
RAISED SO FAR

63
PARTICIPANTS

Congratulations

...and well done to Ashton who achieved Silver Medal at the British Judo Regional School Championships!



Cooking Stars

This week children at Cooking Stars baked Bonfire Night Cupcakes

Next week they will be baking Hedgehog Bread!

Children can join at any point and only pay for the remaining sessions or can book a taster session. See poster further on in the newsletter for more information on how to book.



What's On The Menu?

Next Week At Class!

Mini's and Juniors Classes:



Hedgehog Bread

www.cookstars.co.uk





15th November 2024

www.cookstars.co.uk @cookstarsnorthdevon @oliviacoostars

Great for Kids Parties too!

Fun cooking classes at:

FREMINGTON PRIMARY SCHOOL

All ingredients included! plus a craft activity & a recipe card to keep

EVERY THURSDAY (term time)

3.30pm - 4.45pm

Open to years 3, 4, 5 & 6 as spaces are limited



Call Olivia: 07938 608 862

Email: olivia@cookstars.co.uk

Book: https://portal.cookstars.franscape.io/class-overview/676

ROMAR SPORTS

FOOTBALL AFTER SCHOOL CLUB

Keep active, have fun, make friends, learn skills, play matches

MONDAY'S - Years 3 - 6 3.15 - 4.15PM

11 November - 9 December 5 weeks £30 / £6 per session



BOOK YOUR SPACE ONLINE ONLINE

https://romar-sports.classforkids.io/info/1031

COMPETITION TIME AT BANBURYS

WIN £40 TO SPEND ON JELLYCATS

*Terms and conditions apply, please ask in store for more details Barnstaple only

THERE'S BEEN A SNOW STORM!

HOW TO ENTER:

- GET AN ENTRY FORM FROM ANY TILL POINT
• FIND THE 9 PARTS OF OUR MYSTERY SNOWMAN AROUND THE STORE AND REVEAL HIS NAME



ANYONE CAN ENTER! FUN FOR ALL THE FAMILY

Ofsted CHRISTMAS ACTIVITY DAYS

DATES:

- MONDAY 23RD DECEMBER
- THURSDAY 2ND JANUARY
- FRIDAY 3RD JANUARY

Primary Sports and Education North Devon

VENUE- STICKLEPATH COMMUNITY PRIMARY ACADEMY

8.30AM-3.30PM ONLY £20 A DAY

5-11 YEAR OLDS

PRIMARY SPORTS & EDUCATION

HEAD TO OUR WEBSITE FOR MORE INFORMATION AND TO BOOK!

For More information, contact us : north.devon@primary-sports.co.uk www.primary-sports.co.uk 07531530131

Wrap Around Care Now Available!

Breakfast Club from 8am

After School Club until 6pm

Scan QR code to book a place



Visit our website for more information: fremington-primary.devon.sch.uk





15th November 2024

Helping Your Child with Fears and Worries – an approach to support School Attendance

Online Sessions for Parents and Carers

The Devon Educational Psychology Service (EPS) is running online group sessions for parent carers based on the Overcoming Programme, which is effective in reducing anxiety in children and young people. The programme helps parent carers develop anxiety management skills that can be used even after the programme ends.

Who Can Join?

Parents whose children have low or falling school attendance and whose children are experiencing anxiety related to school. The Overcoming Programme is designed to support parent carers of children between 5-12 years of age, but it can be adapted for older children. The group facilitators work with parent carers where a more personalised approach is needed, for example if the child or young person has SEND.

The programme may not be effective for parent carers of children and young people with long term or complex difficulties. Places are limited and we may not be able to offer every parent carer a place. If this is the case, we will provide advice on other support that may be available.

Programme Details

- Duration: Six sessions, each 90 minutes long
- Schedule: Delivered over seven weeks with a one-week break between sessions 4 and 5
- Participants: Parent carers (children do not need to attend). We will include no more than 8 parent carers per group to ensure everyone can contribute and ask questions.

Additional Resources

Parents can purchase the book "Helping Your Child with Fears and Worries (2nd Edition)" by Cathy Creswell & Lucy Willetts (2019) for more information.

Session Dates

- Group 1: Starts Monday, 4th November, 3:45 PM - 5:15 PM, then every Monday
- Group 2: Starts Friday, 8th November, 10:00 AM - 11:30 AM, then every Friday
- Group 3: Starts Weds, 8th January, 1:00 PM - 2:30 PM, then every Wednesday
- Group 4: Starts Friday, 10th January, 1:00 PM - 2:30 PM, then every Friday

How to Join?

To request a place, parents need to complete an online form which can be found here:

<https://forms.office.com/e/U5JuVdY6R3>

For more details or questions, contact Dr Daniel Nicholls, Senior Educational Psychologist, at 01392 382 354 or Overcoming-programme@devon.gov.uk



Autism & Us programmes

Did you know that as part of Devon's SEND local offer they run an online parent programme called 'Autism and us'? This is made up of 4 live online sessions (each approx 2 hours) related to the following topics:

Programme topic & Programme date

Autism overview Thursday 14 November: 4.30pm – 6.30pm

Sensory Thursday 21 November: 4.30pm – 6.30pm

Communication Thursday 28 November: 4.30pm – 6.30pm

Understanding and supporting behaviour Thursday 5 December: 4.30pm – 6.30pm

Booking a place on the programme Apply direct by email to educationlearnersupport@devon.gov.uk to secure a place on the above programme, or express your interest for forthcoming programmes.

We'll confirm your booking request, and provide you with a direct link to the event. They will be delivered online 'live' via the Microsoft Teams platform.



FAMILY SUPPORT SESSION READY STEADY READ!

**TUESDAY 19TH NOVEMBER
2-3PM ON ZOOM**

ILSHAM ENGLISH HUB WOULD LIKE TO INVITE YOU TO ATTEND A FREE SESSION TO SUPPORT YOUR CHILD'S READING JOURNEY AT HOME.

DURING THIS FREE HOUR-LONG SESSION, PROFESSOR TERESA CREMIN AND KELLY ASHLEY FROM THE OPEN UNIVERSITY READING FOR PLEASURE TEAM WILL SHARE IDEAS FOR ENCOURAGING READING AT HOME AS FAMILIES SUPPORT THE READING JOURNEY.

THE SESSION WILL INVOLVE PRACTICAL TIPS ON USING LOCAL LIBRARY SERVICES AND FUN WAYS TO PROMOTE READING.

English Hubs
Ilsham English Hub



[HTTPS://FORMS.OFFICE.COM/E/B5PCNQND4S](https://forms.office.com/E/B5PCNQND4S)



1

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Mild Chicken Curry & Rice	Roast Pork	Meatballs in a Tomato Sauce	Fish Fingers
Hot Option 2	Golden Veggie Fingers	Cheese & Cauliflower Pasta Bake	Veggie Slice	Veggie Balls in a Tomato Sauce	Vegan Veggie Fritters
Served with	Herby Potatoes & Sweetcorn or Coleslaw	Broccoli	Roast Potatoes Cabbage & Carrots & Gravy	Pasta, Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Iced Fruit Smoothie	Chocolate Surprise Brownie	Pip Organic Lolly / Warm Fruit Compote with Greek Yoghurt	Sticky Toffee Cake with Sauce	Oat & Sultana Cookie
Packed Lunch	Tuna Baguette	Fish finger wrap	Cheese Baguette,	Ham Baguette	Cheese Baguette

Week One: 4 Nov | 25 Nov | 16 Dec | 20 Jan | 10 Feb | 10 Mar | 31 Mar

2

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Macaroni Cheese	Butcher's Sausages & Gravy	Roast Chicken with Sage & Onion Stuffing	Beef Lasagne	Fillet of Fish
Hot Option 2	Tomato & Basil Pasta Bake	Vegetarian Sausages & Gravy	Yorkshire Pudding Stuffed with Quorn Pieces	Vegetarian Lasagne	Veggie Nuggets
Served with	Broccoli & Garlic Bread	Mashed Potatoes & Carrots	Roast Potatoes Cabbage & Carrots & Gravy	Green Beans or Coleslaw & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Pip Ice Lolly / Warm Fruit Compote with Greek Yoghurt	Iced Chocolate Cake	Crispy Chocolate Cornflake Cake	Homemade Carrot Cake	Homemade Shortbread Biscuit
Packed Lunch	Tuna Baguette	Falafel Wrap	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar

3

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Fish Pie	Roast Chicken	Beef Bolognese	Fish Fingers
Hot Option 2	Frittata	Cheesy Wheels & Herby Diced Potatoes	Quorn & Leek Pastry Puff	Mediterranean Vegetable Pasta	Margherita Wrap
Served with	Potato Wedges Sweetcorn or Winter Coleslaw	Peas or Baked Beans	Roast Potatoes Broccoli & Carrots & Gravy	Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Arctic Roll	Apple Crumble & Custard	Fruit Jelly	Flapjack	Homemade Oat Cookie
Packed Lunch	Tuna baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar