



SCHOOL NEWSLETTER

13th December 2024

Latest News

What a festive week!

A huge thank you to the staff, PTFA and parent community who made our Christmas bingo a great event. We have continued to raise much needed funds towards your children's trips. A special thank you to the local businesses who made such generous donations.

We've ended the week with two fantastic performances of Penguin Pete from our Year 1 and 2 children. We are so proud of them – their confidence and personalities shone through. A huge thank you needs to be given to the entire Year 1 and 2 team who put in many extra hours to make it a great experience. We also had a mid-week sharing of Christmas songs and books from our Reception and Nursery children - the ultimate Christmas cute factor! It was lovely to see so many of you at all of these events.

Year 4 members of our school choir headed off to Fremington Manor to support their coffee morning. They had a lovely morning playing an important role in our community, with lots of lovely feedback and praise.

We are excited for our Key Stage Two (Y3, 4, 5 and 6) Carol Service at the church on Monday at 2pm. You are very welcome to join us but please be aware that seating will be very limited. Please let your child's class teacher know if you can support with walking to or from the church.

This week we practised what we would do in the event of a fire. The children were incredibly sensible and showed us that they know how to exit the building safely and calmly. Don't forget to check your smoke detectors at home and practise what you would do in the event of a fire. Would your children know how to call for help and be able to recall their address? All good skills to learn.

Have a great weekend – one week to go until the Christmas holidays!

Mrs Gilbert



School Development News

This week our School Improvement Officer, Jonathan Gower, met with Mrs Johnson and Mrs Langmead to explore and develop our art curriculum. Mr Dunn also spent time with Mr Gower looking at our humanities curriculum. We are considering the depth of the content taught and how we balance teaching skills and teaching knowledge.

Staffing News

This week we appointed Miss Keller to teach in Foxes from January, following Mrs Graham's departure. We have also recently appointed Mrs Glover to our meal-time assistant team. Welcome, both! In other news, Mrs Hamley has made the difficult decision to take up a new professional challenge as a TA at Roundswell. Having worked at FPS for 10 years, Mrs Hamley knows so many of our children and our families and the positive impact that she has had across the school is immeasurable. We shall really miss her. We also say a sad goodbye to Miss Shortridge who has been instrumental in starting up our After School Club!

Attendance



W/B: 09/12/2024	
1	94.6%
2	96.4%
3	92.2%
4	89.4%
5	94.2%
6	87.5%
R	91.2%
Overall	92.0%

Lots of wintry bugs have affected our attendance statistics this week. We hope that everyone starts feeling better soon.

[Back to school – 5 things to do to help manage winter illness – UK Health Security Agency](#)

THANK YOU

PTFA

A huge thank you to all of those who supported the Christmas Bingo event on Wednesday evening, it was a fabulous evening with a good atmosphere and some lovely prizes were won – thank you to those people and companies that donated prizes. Due to its big success, we will be doing another Bingo event next term ... watch this space for a date.

Thank you
PTFA





School Calendar Term dates are available on our website.

Date	Events
Monday 16th December	2pm Carol service at the church - Year 3, 4, 5 & 6
Wednesday 18th December	Christmas Lunch
Friday 20th Dec	Last day of term
20th Dec – 5th Jan	Christmas Holiday Break
Monday 6th Jan	Non-Pupil Day
Tuesday 7th Jan	First day of Spring 1 term

Penguin Pete
Well done to all the Year 1 & 2 Children for their FABULOUS performance in Penguin Pete this week!



Outstanding Payments
Don't forget to ensure any outstanding balances are cleared before the Christmas break.



Christmas Jumper Day for Save for Children
It was fantastic to see so many festive outfits on Thursday. If you haven't yet and are able, please do make a donation to the Save the Children charity by clicking [here](#).



NEW
2025-2026 Term dates
2025-26 Term dates are now available on our website [here](#)



Wrap Around Care Now Available!
Breakfast Club from 8am
After School Club until 6pm
Scan QR code to book a place



Visit our website for more information: fremington-primary.devon.sch.uk



PERSISTENCE

TEAMWORK

CURIOSITY

COMMUNICATION

Award Winners

Effy - Butterflies

Olivia & Mollie - Kestrels

Robyn & Holly - Eagles

Tianna-Rae & Ezra S - Hawks

Ruby & Louis - Falcons

Franky & Ellie-Mai - Panthers

Oscar & Lilly W - Leopards*

Ashton & Scarlett - Lions

*& The Girls Football Team!

You have all been recognised for your fantastic learning behaviours – WELL DONE!



Family Hub Workshop

On Thursday 5th December the Family Hub (previously called the Children's Centre) were invited to talk to our parents about anxiety. Discussions centred around strategies to manage anxiety and how parents were shown how to self-refer to the Family Hub, either by scanning a code or completing an online form. Parents were given the opportunity to network with each other. In January, we will have a school Nurse coming into school to discuss any issues relating to sleep – keep an eye out for details.

Helping Your Child with Fears and Worries – an approach to support School Attendance

Online Sessions for Parents and Carers

The Devon Educational Psychology Service (EPS) is running online group sessions for parent carers based on the Overcoming Programme, which is effective in reducing anxiety in children and young people. The programme helps parent carers develop anxiety management skills that can be used even after the programme ends.

Who Can Join?

Parents whose children have low or falling school attendance and whose children are experiencing anxiety related to school. The Overcoming Programme is designed to support parent carers of children between 5-12 years of age, but it can be adapted for older children. The group facilitators work with parent carers where a more personalised approach is needed, for example if the child or young person has SEND.

The programme may not be effective for parent carers of children and young people with long term or complex difficulties. Places are limited and we may not be able to offer every parent carer a place. If this is the case, we will provide advice on other support that may be available.

Programme Details

·Duration: Six sessions, each 90 minutes long

·Schedule: Delivered over seven weeks with a one-week break between sessions 4 and 5

·Participants: Parent carers (children do not need to attend). We will include no more than 8 parent carers per group to ensure everyone can contribute and ask questions.

Additional Resources

Parents can purchase the book "Helping Your Child with Fears and Worries (2nd Edition)" by Cathy Creswell & Lucy Willetts (2019) for more information.

Session Dates

·Group 1: Starts Monday, 4th November, 3:45 PM - 5:15 PM, then every Monday

·Group 2: Starts Friday, 8th November, 10:00 AM - 11:30 AM, then every Friday

·Group 3: Starts Weds, 8th January, 1:00 PM - 2:30 PM, then every Wednesday

·Group 4: Starts Friday, 10th January, 1:00 PM - 2:30 PM, then every Friday

How to Join?

To request a place, parents need to complete an online form which can be found here:

<https://forms.office.com/e/U5JuVdY6R3>

For more details or questions, contact Dr Daniel Nicholls, Senior Educational Psychologist, at 01392 382 354 or Overcoming-programme@devon.gov.uk

Wales and West Utilities (WWU) and NSPCC have partnered up to keep your vulnerable families safer and warmer as winter sets in. We are offering families a FREE Carbon Monoxide (CO) alarm if they don't already have one, alongside our Safer Homes leaflet which provides tips and links to sources of help with fuel costs.

(2min 41secs) [video to increase their knowledge on CO safety and the Safer Homes offer.](#)

This offer ends on 30th May 2025, or while stocks last, so please help your families to benefit this winter

HAF for Christmas

Holiday Activity & Food Programme (HAF) - winter programme goes live Monday 25/11/24 (ages 5-16)

The HAF winter programme is going live on Monday 25th November, there are lots of places available for families to access, they need their HAF code to book a place, these are issued to Benefit Related Free School Meal children, we are writing out to 15,000 parents we have contact details for this week.

Schools also send the information out to parents as well. So, some parents get it twice. The HAF code is unique to the child, and it is for the length of the programme, it is not renewed every holiday, if parents have booked before the provider will also have their code.

Here is the link to the map of activities but it won't be live until Monday 25th November

[Holiday activities and food \(HAF\) programme – Education and Families](#)

There are lots of activities for children to enjoy and a hot nutritious meal, hampers and family experiences.

The offer for winter is up to 4 sessions per child.

We do have the extended criteria in place, they don't have a code but must be one of the following, these places are limited as we have to give priority to BRFSM children. Further information on who is eligible click here [Information for parents and carers – Education and Families](#)

- Children in care
- Children previously looked after
- Children with EHCP
- Young Carers

If you have any questions please get in touch, I am able to lookup HAF codes, but I need the child's name date of birth and which school they attend please send back to this mailbox

As this is the last delivery period for HAF it would be great if we could ensure more children get access to the activities so please share with your families.

Kind regards

Melissa

childsc.holidayactivitiesfoodprogramme-mailbox@devon.gov.uk



FOOTBALL AFTER SCHOOL CLUB

Keep active, have fun, make friends, learn skills, play matches.

Sportswear, water bottle, trainers or moulded football boots needed.

Shinpads recommended

MONDAY'S - Years 3 - 6

3.25 - 4.25PM

13 January - 31 March
10 weeks
£60 / £6 per session



BOOK YOUR SPACE ONLINE ONLINE
<https://romar-sports.classforkids.io/info/1038>



Christmas at Arlington Court

Opening times:
Open Saturdays, Sundays and Mondays, 10am-4pm, from 16 November until 15 December.
Then open daily, 10am-3pm from 16 December to 5 January, excluding 24, 25 & 26 Dec

Experience Christmas at Arlington as never before. The house will be dressed to impress with each room themed on a Victorian Christmas carol, from ships sailing down the dining room table to sheep taking over the drawing room, an exciting display awaits in every room.

Evening openings

Thursday 5, 12 & 19 December, 10am- 7pm

Discover Arlington after dark, when the Christmas magic comes to life. Pick up a tasty festive treat from the tea-room, take part in family crafts or browse a selection of artworks and gifts from local artists in the Activity Room.

Last entry to the house is 6:30pm. Tickets cost £8 for adults and £4 for children, members can enter for free and pre booking not required.

DO YOU HAVE A CHILD AGED 8-17 WHO IS STRUGGLING WITH THEIR MENTAL HEALTH?

Anxiety, depression, self-harm and other mental health struggles are on the rise in children, particularly following the Covid-19 Pandemic.

As parents, we can be left feeling overwhelmed and helpless, not knowing where to turn for help.

THIS GROUP AIMS TO SUPPORT YOU TO:

- Meet other parents who understand your situation for mutual support.
- Learn strategies to help you support your child, with no judgement!
- Help you to prioritise your own well-being as a parent.

WHEN?

Find out more at our **Information Session** for parents at 7.15pm on the last Tuesday of every month in 2025.

WHERE?

We meet using Zoom and you'll get the link when you register for our Information Session below.

To attend register at <https://calendly.com/ymhf/information-session-zoom>



To get more information contact:

Joel Sutton (YMHF) on 0300 302 0285

or email joel@youthmentalhealthfoundation.org

HAF CHRISTMAS

ACTIVITY DAYS

sted



Primary Sports
and Education
North Devon



DATES:

- MONDAY 23RD DECEMBER
- THURSDAY 2ND JANUARY
- FRIDAY 3RD JANUARY

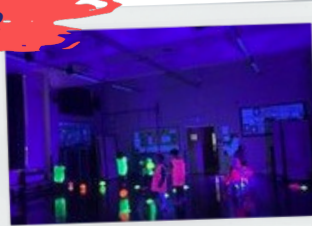
STICKLEPATH COMMUNITY
PRIMARY ACADEMY

9.00AM-1.00PM

Extended options available

5-11 YEAR OLDS

PRIMARY
SPORTS & EDUCATION



HEAD TO OUR
WEBSITE FOR MORE
INFORMATION AND
TO BOOK!

For More information, contact us :



north.devon@primary-sports.co.uk



www.primary-sports.co.uk



07531530131

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Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Mild Chicken Curry & Rice	Roast Pork	Meatballs in a Tomato Sauce	Fish Fingers
Hot Option 2	Golden Veggie Fingers	Cheese & Cauliflower Pasta Bake	Veggie Slice	Veggie Balls in a Tomato Sauce	Vegan Veggie Fritters
Served with	Herby Potatoes & Sweetcorn or Coleslaw	Broccoli	Roast Potatoes Cabbage & Carrots & Gravy	Pasta, Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Iced Fruit Smoothie	Chocolate Surprise Brownie	Pip Organic Lolly / Warm Fruit Compote with Greek Yoghurt	Sticky Toffee Cake with Sauce	Oat & Sultana Cookie
Packed Lunch	Tuna Baguette	Fish finger wrap	Cheese Baguette,	Ham Baguette	Cheese Baguette

Week One: 4 Nov | 25 Nov | 16 Dec | 20 Jan | 10 Feb | 10 Mar | 31 Mar

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Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Macaroni Cheese	Butcher's Sausages & Gravy	Roast Chicken with Sage & Onion Stuffing	Beef Lasagne	Fillet of Fish
Hot Option 2	Tomato & Basil Pasta Bake	Vegetarian Sausages & Gravy	Yorkshire Pudding Stuffed with Quorn Pieces	Vegetarian Lasagne	Veggie Nuggets
Served with	Broccoli & Garlic Bread	Mashed Potatoes & Carrots	Roast Potatoes Cabbage & Carrots & Gravy	Green Beans or Coleslaw & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Pip Ice Lolly / Warm Fruit Compote with Greek Yoghurt	Iced Chocolate Cake	Crispy Chocolate Cornflake Cake	Homemade Carrot Cake	Homemade Shortbread Biscuit
Packed Lunch	Tuna Baguette	Falafel Wrap	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar

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Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Fish Pie	Roast Chicken	Beef Bolognese	Fish Fingers
Hot Option 2	Frittata	Cheesy Wheels & Herby Diced Potatoes	Quorn & Leek Pastry Puff	Mediterranean Vegetable Pasta	Margherita Wrap
Served with	Potato Wedges Sweetcorn or Winter Coleslaw	Peas or Baked Beans	Roast Potatoes Broccoli & Carrots & Gravy	Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Arctic Roll	Apple Crumble & Custard	Fruit Jelly	Flapjack	Homemade Oat Cookie
Packed Lunch	Tuna baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar