



# SCHOOL NEWSLETTER

6th December 2024

## Latest News

The first week of December is always filled with fun and sparkles! Our busy Key Stage One team have been hard at work rehearsing, prop making and singing in preparation for next week's performances. There are still limited remaining tickets for the Thursday (12th) performance, but Friday has sold out.

Next Wednesday (11th) we will be celebrating Christmas with a sing-a-long with our littlest learners – Nursery and Reception. Please wait at the playground gate (next to the nursery gate in the car park) as they will be singing on stage in the hall before heading back to class for a book share.

Today the PTFA worked their little elf socks off to support children with choosing their gifts. Thank you all for supporting this event and helping raise money so we can lower the costs of beneficial school trips.

Today we welcomed Year 6 parents in to immerse themselves in their child's DT projects – great to see you all hands on and exploring stitches! Thanks to those of you who were able to make it into school.

We have received advice to check that all loose items around our site are securely stowed away prior to tonight's forecasted high winds – it might be worth checking your garden and doing the same!

Mrs Gilbert



### PTFA

We have some fantastic prizes for the Bingo on Wednesday! £50 Han Court vouchers, family tickets to Exmoor Zoo, a personal training session, St Johns Garden Centre vouchers, Graylings vouchers, Bouncy castle hire vouchers - to name a few.

Please book your tickets on MCAS to avoid disappointment.

A huge thank you to all the local businesses who have donated. We're looking forward to a fun evening – doors open 6pm.

**CANCELLED**

### Lantern Parade Cancelled

It is a shame the forecast wasn't better for the light switch on tonight – we know that hours of organisation went into planning this great event, but we shall look forward to next year. Your child will still bring home their lantern. Please use it over the festive period when you visit the beautiful lights of Fremington.

\*\*Please note that lanterns either contain a snap glow stick or a small LED light; please ensure that children are appropriately supervised when using their lanterns.\*\*


### School Development News

Ms Bolton (Key Stage One Phase Lead) and Mrs Burn visited a local primary this week, exploring how they structure their learning in Key Stage One as they have had recently improved their provision. Ms Bolton and Mrs Burns will now explore and plan ahead for a more blocked curriculum leading to more purposeful learning that children can quickly build on.



School Calendar Term dates are available on our website.

Date	Events
Wednesday 11th December	<b>2.30pm Nursery and Reception Christmas Sing-a-long</b> Parents invited to listen to their children's Christmas songs and share a book back in class
Wednesday 11th December	<b>PTFA Christmas Bingo Evening</b> More details to follow
Thursday 12th December	<b>2pm Year 1 and 2 Play performance to parents</b> LIMITED TICKETS REMAINING
Thursday 12th December	<b>Christmas Jumper Day</b> Non-uniform with a Christmas twist! Please donate online (see link above)
Friday 13th December	<b>2pm Year 1 and 2 Play performance to parents</b> SOLD OUT!
Monday 16th December	<b>2pm Carol service at the church - Year 3, 4, 5 &amp; 6</b>
Wednesday 18th December	<b>Christmas Lunch</b>
Friday 20th Dec	<b>Last day of term</b>
20th Dec – 5th Jan	<b>Christmas Holiday Break</b>
Monday 6th Jan	<b>Non-Pupil Day</b>
Tuesday 7th Jan	<b>First day of Spring 1 term</b>





**Parking in the morning**

Please do not park your vehicle in the Drop-Off Lane. Doing so severely impacts the flow of traffic and also puts pedestrians in danger as they often cannot get buggies past vehicles on the curb and therefore have to walk in the road.

**NEW**

**2025-2026 Term dates**  
2025-26 Term dates are now available on our website [here](#)




**Attendance** 


Well Done Year 3!

W/B: 02/12/2024	
1	93.3%
2	95.8%
3	96.0%
4	94.7%
5	94.4%
6	91.4%
R	89.6%
Overall	93.7%

**Year 1 and 2 Play Tickets**



We are sold out for the Friday 2pm performance, but there are still tickets remaining for Thursday at 2pm. Please book your tickets on MCAS.



**Christmas Jumper Day for Save for Children THIS THURSDAY**

We will be joining people across the country on Thursday to mark Save the Children's Christmas Jumper Day. Please donate [HERE](#) (no cash donations at school please).

It is a non-uniform day – please wear Christmas theme clothes if you can.

PERSISTENCE	TEAMWORK	CURIOSITY	COMMUNICATION
★	★	★	★

**Award Winners**

Charlie & Luna-Rose - Kestrels

Betsy & Lucy - Eagles

Aria & Emilia Eagles

Tianna & Archie P - Falcons

Scarlett & Andrew - Hawks

Bella & Ellie - Panthers

Maryna & Lily S - Leopards

Jack & Lacey - Lions

You have all been recognised for your fantastic learning behaviours – WELL DONE!



### Family Hub Workshop

On Thursday 5th December the Family Hub (previously called the Children's Centre ) were invited to talk to our parents about anxiety. Discussions centred around strategies to manage anxiety and how parents were shown how to self-refer to the Family Hub, either by scanning a code or completing an online form. Parents were given the opportunity to network with each other. In January, we will have a school Nurse coming into school to discuss any issues relating to sleep – keep an eye out for details.



### Helping Your Child with Fears and Worries – an approach to support School Attendance

#### Online Sessions for Parents and Carers

The Devon Educational Psychology Service (EPS) is running online group sessions for parent carers based on the Overcoming Programme, which is effective in reducing anxiety in children and young people. The programme helps parent carers develop anxiety management skills that can be used even after the programme ends.

#### Who Can Join?

Parents whose children have low or falling school attendance and whose children are experiencing anxiety related to school. The Overcoming Programme is designed to support parent carers of children between 5-12 years of age, but it can be adapted for older children. The group facilitators work with parent carers where a more personalised approach is needed, for example if the child or young person has SEND.

The programme may not be effective for parent carers of children and young people with long term or complex difficulties. Places are limited and we may not be able to offer every parent carer a place. If this is the case, we will provide advice on other support that may be available.

#### Programme Details

·Duration: Six sessions, each 90 minutes long

·Schedule: Delivered over seven weeks with a one-week break between sessions 4 and 5

·Participants: Parent carers (children do not need to attend). We will include no more than 8 parent carers per group to ensure everyone can contribute and ask questions.

#### Additional Resources

Parents can purchase the book "Helping Your Child with Fears and Worries (2nd Edition)" by Cathy Creswell & Lucy Willetts (2019) for more information.

#### Session Dates

·Group 1: Starts Monday, 4th November, 3:45 PM - 5:15 PM, then every Monday

·Group 2: Starts Friday, 8th November, 10:00 AM - 11:30 AM, then every Friday

·Group 3: Starts Weds, 8th January, 1:00 PM - 2:30 PM, then every Wednesday

·Group 4: Starts Friday, 10th January, 1:00 PM - 2:30 PM, then every Friday

#### How to Join?

To request a place, parents need to complete an online form which can be found here:

<https://forms.office.com/e/U5JuVdY6R3>

For more details or questions, contact Dr Daniel Nicholls, Senior Educational Psychologist, at 01392 382 354 or [Overcoming-programme@devon.gov.uk](mailto:Overcoming-programme@devon.gov.uk)



6th December 2024



# Christmas at Arlington Court

## Opening times:

Open Saturdays, Sundays and Mondays, 10am-4pm, from 16 November until 15 December.

Then open daily, 10am-3pm from 16 December to 5 January, excluding 24, 25 & 26 Dec



Experience Christmas at Arlington as never before. The house will be dressed to impress with each room themed on a Victorian Christmas carol, from ships sailing down the dining room table to sheep taking over the drawing room, an exciting display awaits in every room.

## Evening openings

Thursday 5, 12 & 19 December, 10am-7pm

Discover Arlington after dark, when the Christmas magic comes to life. Pick up a tasty festive treat from the tea-room, take part in family crafts or browse a selection of artworks and gifts from local artists in the Activity Room.

Last entry to the house is 6:30pm. Tickets cost £8 for adults and £4 for children, members can enter for free and pre booking not required.

# COMPETITION TIME AT BANBURY'S

## WIN £40 TO SPEND ON JELLYCATS\*

\*Terms and conditions apply, please ask in store for more details  
Barnstaple only.

# THERE'S BEEN A SNOW STORM!

## HOW TO ENTER:

- GET AN ENTRY FORM FROM ANY TILL POINT
- FIND THE 9 PARTS OF OUR MYSTERY SNOWMAN AROUND THE STORE AND REVEAL HIS NAME



ANYONE  
CAN ENTER!  
FUN FOR ALL  
THE FAMILY



## FOOTBALL AFTER SCHOOL CLUB

Keep active, have fun, make friends, learn skills, play matches.

Sportswear, water bottle, trainers or moulded football boots needed.

Shinpads recommended

MONDAY'S - Years 3 - 6

3.25 - 4.25PM

13 January - 31 March

10 weeks

£60 / £6 per session



BOOK YOUR SPACE ONLINE ONLINE

<https://romar-sports.classforkids.io/info/1038>

Ofsted

# CHRISTMAS ACTIVITY DAYS

**DATES:**

- MONDAY 23RD DECEMBER
- THURSDAY 2ND JANUARY
- FRIDAY 3RD JANUARY

**VENUE - STICKLEPATH COMMUNITY PRIMARY ACADEMY**

8.30AM - 3.30PM  
ONLY £20  
A DAY

5-11  
YEAR OLDS

**PRIMARY SPORTS & EDUCATION**

For More information, contact us :  
 north.devon@primary-sports.co.uk  
 www.primary-sports.co.uk  
 07531530131

## Wrap Around Care Now Available!

Breakfast Club from 8am  
After School Club until 6pm

Scan QR code to book a place



Visit our website for more information: [fremington-primary.devon.sch.uk](http://fremington-primary.devon.sch.uk)



Wales and West Utilities (WWU) and NSPCC have partnered up to keep your vulnerable families safer and warmer as winter sets in. We are offering families a FREE Carbon Monoxide (CO) alarm if they don't already have one, alongside our Safer Homes leaflet which provides tips and links to sources of help with fuel costs.

(2min 41secs) [video to increase their knowledge on CO safety and the Safer Homes offer.](#)

This offer ends on 30th May 2025, or while stocks last, so please help your families to benefit this winter

### HAF for Christmas

Holiday Activity & Food Programme (HAF) - winter programme goes live Monday 25/11/24 (ages 5-16)

The HAF winter programme is going live on Monday 25th November, there are lots of places available for families to access, they need their HAF code to book a place, these are issued to Benefit Related Free School Meal children, we are writing out to 15,000 parents we have contact details for this week.

Schools also send the information out to parents as well. So, some parents get it twice. The HAF code is unique to the child, and it is for the length of the programme, It is not renewed every holiday, if parents have booked before the provider will also have their code.

Here is the link to the map of activities but it won't be live until Monday 25th November

[Holiday activities and food \(HAF\) programme – Education and Families](#)

There are lots of activities for children to enjoy and a hot nutritious meal, hampers and family experiences.

The offer for winter is up to 4 sessions per child.

We do have the extended criteria in place, they don't have a code but must be one of the following, these places are limited as we have to give priority to BRFSM children. Further information on who is eligible click here [Information for parents and carers – Education and Families](#)

- Children in care
- Children previously looked after
- Children with EHCP
- Young Carers

If you have any questions please get in touch , I am able to lookup HAF codes, but I need the child's name date of birth and which school they attend please send back to this mailbox

As this is the last delivery period for HAF it would be great if we could ensure more children get access to the activities so please share with your families.

Kind regards

Melissa

[childsc.holidayactivitiesfoodprogramme-mailbox@devon.gov.uk](mailto:childsc.holidayactivitiesfoodprogramme-mailbox@devon.gov.uk)

**Upcoming FREE Webinars in November & December**

<b>NOVEMBER 07</b> 10AM - 11AM The importance of PLAY for children Webinar	<b>NOVEMBER 07</b> 1PM - 2PM Sensory strategies for Tweenagers Webinar	<b>NOVEMBER 12</b> 7PM - 8PM SEND - Cognition & Learning Webinar
<b>NOVEMBER 25</b> 7PM - 8PM SEND - Sensory or Physical needs Webinar	<b>NOVEMBER 27</b> 10AM - 11AM Supporting children to talk and read at home Webinar	<b>DECEMBER 03</b> 10AM - 11.30AM SEND - coping with Christmas Workshop

**Book via Eventbrite (see links in post)**

All events take place via Microsoft Teams

# HAF CHRISTMAS

## ACTIVITY DAYS

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Primary Sports  
and Education  
North Devon



### DATES:

- MONDAY 23RD DECEMBER
- THURSDAY 2ND JANUARY
- FRIDAY 3RD JANUARY

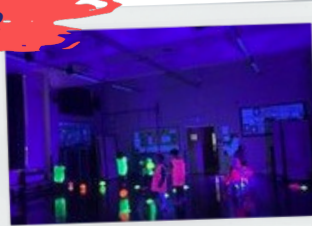
STICKLEPATH COMMUNITY  
PRIMARY ACADEMY

9.00AM-1.00PM

Extended options available

5-11 YEAR OLDS

**PR**IMARY  
SPORTS & EDUCATION



HEAD TO OUR  
WEBSITE FOR MORE  
INFORMATION AND  
TO BOOK!

For More information, contact us :



[north.devon@primary-sports.co.uk](mailto:north.devon@primary-sports.co.uk)



[www.primary-sports.co.uk](http://www.primary-sports.co.uk)



07531530131

# 1

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Mild Chicken Curry & Rice	Roast Pork	Meatballs in a Tomato Sauce	Fish Fingers
Hot Option 2	Golden Veggie Fingers	Cheese & Cauliflower Pasta Bake	Veggie Slice	Veggie Balls in a Tomato Sauce	Vegan Veggie Fritters
Served with	Herby Potatoes & Sweetcorn or Coleslaw	Broccoli	Roast Potatoes Cabbage & Carrots & Gravy	Pasta, Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Iced Fruit Smoothie	Chocolate Surprise Brownie	Pip Organic Lolly / Warm Fruit Compote with Greek Yoghurt	Sticky Toffee Cake with Sauce	Oat & Sultana Cookie
Packed Lunch	Tuna Baguette	Fish finger wrap	Cheese Baguette,	Ham Baguette	Cheese Baguette

Week One: 4 Nov | 25 Nov | 16 Dec | 20 Jan | 10 Feb | 10 Mar | 31 Mar

# 2

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Macaroni Cheese	Butcher's Sausages & Gravy	Roast Chicken with Sage & Onion Stuffing	Beef Lasagne	Fillet of Fish
Hot Option 2	Tomato & Basil Pasta Bake	Vegetarian Sausages & Gravy	Yorkshire Pudding Stuffed with Quorn Pieces	Vegetarian Lasagne	Veggie Nuggets
Served with	Broccoli & Garlic Bread	Mashed Potatoes & Carrots	Roast Potatoes Cabbage & Carrots & Gravy	Green Beans or Coleslaw & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Pip Ice Lolly / Warm Fruit Compote with Greek Yoghurt	Iced Chocolate Cake	Crispy Chocolate Cornflake Cake	Homemade Carrot Cake	Homemade Shortbread Biscuit
Packed Lunch	Tuna Baguette	Falafel Wrap	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar

# 3

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Fish Pie	Roast Chicken	Beef Bolognese	Fish Fingers
Hot Option 2	Frittata	Cheesy Wheels & Herby Diced Potatoes	Quorn & Leek Pastry Puff	Mediterranean Vegetable Pasta	Margherita Wrap
Served with	Potato Wedges Sweetcorn or Winter Coleslaw	Peas or Baked Beans	Roast Potatoes Broccoli & Carrots & Gravy	Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Arctic Roll	Apple Crumble & Custard	Fruit Jelly	Flapjack	Homemade Oat Cookie
Packed Lunch	Tuna baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar