



# SCHOOL NEWSLETTER

17th January 2025

## Latest News

Learning has been in full flow this week. Year 6 have been investigating electrical circuits, exploring the contributors to bulb brightness. Year 5 have been hard at work multiplying large numbers using formal calculations – great resilience shown by all. In Year 4 they have begun their geography journey – deep into the rainforest. Year 3 have been playing with noun phrases, exploring powerful adjectives when creating wanted posters. Children in years 1 and 2 have been developing their drawing skills, exploring continuous line drawings and learning how to really look at an object to draw, noticing sizes and shapes as they use their mark making tools. Our littlest learners have been busy bees too. In Reception they have been exploring the four seasons and having fun in our new sandpit! In Nursery, they have been exploring mealtimes, making sandwiches and sharing picnics!



Swimming lessons have now begun for Year 5 and selected children in Year 6. All children in Years 3, 4, 5 and 6 will swim in the months ahead as part of our PE curriculum with our swimming teacher. Information will be sent home to all parents when appropriate, but see the swimming date information below. We are very fortunate to have such easy access to a swimming pool and highly value the importance of our children being able to swim confidently in our locality.

Your child's next **learning showcase** is listed on the calendar below. Please note down the date and we look forward to seeing you there – please wait at your child's normal drop off place at the time stated. These showcase events provide your children with the opportunity to show pride in what they have been learning and build their confidence. We are proud of the learning in our school and are excited to continue offering you an in-person insight into your child's education.

Mrs Gilbert



### Attendance

As many of you are experiencing, there are lots of viruses and bugs circulating as is common at this time of year. This can be a tricky time for a family and we know you're all keen to get better quickly. Please ensure you ring our office 8.25 to report an absence so we know everyone is safe.

All parents will have received an attendance letter this week regarding term-time holiday warnings. This is a government letter that is sent to all parents twice a year.

W/B: 13/01/2025	
1	85.6%
2	86.0%
3	96.2%
4	97.4%
5	92.6%
6	93.0%
R	96.5%
Overall	92.8%

### School Development News

The advisory team from the Communication and Interaction team at Devon County Council visited all lessons this week. During their visit they noted how staff were supporting children to understand new ideas by using: working walls, vocabulary grids and now & next boards. Dr Carrie Gould also visited to talk to parents and staff about Neuro inclusion

### Extra-curricular Clubs

You will have already received details about your child's extra-curricular clubs this week. Please login to MCAS to book a space. These clubs will begin next Monday and run for eight weeks. They finish at 4.15pm – please collect your child from the main playground.

### Residential Payments

Year 6, year 5, year 4 – Next instalment is due by 28th February 2025. Please keep up to date with residential payments on MCAS. These need to be paid on time to allow us to keep up with the businesses we use payment schedules.


PERSISTENCE ★	TEAMWORK ★	CURIOSITY ★	COMMUNICATION ★
<b>Award Winners</b>			
Rosa-Mae - Fireflies			
Arthur - Drangonflies			
Lilian & Jasmine - Foxes			
Caden & Jaxon - Otters			
George & Millie - Hedgehogs			
Megan & Lettie - Kestrels			
Paige & Sam - Eagles			
- Hawks			
Daisy & Freddie - Falcons			
Alfie & Zack - Panthers			
- Leopards			
Nea & Mia - Lions			
Astrid - Tigers			
You have all been recognised for your fantastic learning behaviours – WELL DONE!			

### Swimming

All swimming sessions are during the afternoons. Please ensure children bring a towel, swimming suit and goggles. Swim caps are advised but not essential.

Spring 1  
 Year 5 Panthers Wednesdays  
 Year 5 Leopards Thursdays  
 Year 6 (selected children) Fridays

Spring 2  
 Year 4  
 Summer 1  
 Year 3  
 Summer 2  
 Year 6



### Do you want to feel more purposeful when listening to your child read?

Volunteer Reading Buddy Online Training - with Ann Atherton from Devon's SPLD Service This link takes you to a free course on how to more effectively read with children. The course is next Tuesday, at 13.15. These strategies aim to develop both a love of reading and progress in reading. This course will be great for anyone who regularly reads with children outside of teaching - parents, grandparents, school volunteers, etc. - and wants to make their experiences more meaningful.

Topic: Volunteer reading buddy training

Time: Jan 21, 2025 1:15 PM

Join Zoom Meeting <https://us02web.zoom.us/j/87837729141?pwd=wkXAFv84l65SUped6WdBt3yvsPaRw>

Meeting ID: 878 3772 9141  
 Passcode: 926205

### PTFA

Our first meeting of the year was very productive and there are lots of exciting events coming this school year.

Spring Term up-coming events, more details will follow nearer the time:

Easter Bonnet Parade – Friday 4th April  
 Easter Bake Sale – Friday 4th April (after school)  
 May Day Disco – Thursday 1st May  
 Non-Uniform Day – Friday 2nd May  
 Spring Bingo – Wednesday 21st May

🎉 Did you know Fremington School has its own lottery? It's a brilliant way to support the school and have the chance to win cash prizes! 🎉  
 🎉 For just £1 per week, you'll be entered into a weekly draw with lots of great prizes. PLUS, this month, there's an exciting chance to win £1,000! 🎉 There are only 2 days left to join this month's big draw—but don't worry, there are weekly opportunities to win too. 🎉  
 here's the link to sign up: 🎉 <https://www.yourschoollottery.co.uk/lottery/school/fremington-community-primary-and-nursery-school>  
 GOOD LUCK!

Thank you  
 PTFA

## Calendar Of Events

Date	Event
Wednesday 22nd January	<b>Year 4 Tennis TRIP</b> See email for details
Thursday 23rd January	<b>Year 5 We The Curious TRIP</b> See email for details
Tuesday 4th February	<b>RECEPTION Learning Showcase 2.15pm</b> Parents invited into classes to explore learning
Thursday 6th February	<b>YEAR 1 and 2 Learning Showcase 2.30pm</b> Parents invited into classes to explore learning
Thursday 13th February	<b>YEAR 4 Learning Showcase 2.30pm</b> Parents are invited into the hall to explore learning
Friday 14th February	<b>YEAR 6 Learning Showcase 2.15pm</b> Parents are invited into classrooms to explore learning
Friday 14th February	<b>Last day of Spring 1 term</b>
Monday 24th February	<b>Non-Pupil Day</b>
Tuesday 25th February	<b>First day of Spring 2 term</b>
Wednesday 26th – Friday 28th February	<b>Book Fair in the hall after school</b>
Thursday 27th February	<b>Year 4 trip to Eden Project</b> More details to follow
Thursday 6th March	<b>World Book Day – Non-uniform</b> Dress as a book character or author to celebrate this famous day! Details of swap shop coming up!
Thursday 20th March	<b>YEAR 3 Learning Showcase 2.15pm</b> Parents are invited into the hall to explore learning
Thursday 27th March	<b>YEAR 5 Learning Showcase 2.15pm</b> Parents are invited into the hall to explore learning
Friday 4th April	Last day of Spring 2 term

# DO YOU HAVE A CHILD AGED 8-17 WHO IS STRUGGLING WITH THEIR MENTAL HEALTH?

Anxiety, depression, self-harm and other mental health struggles are on the rise in children, particularly following the Covid-19 Pandemic.

**As parents, we can be left feeling overwhelmed and helpless, not knowing where to turn for help.**

## THIS GROUP AIMS TO SUPPORT YOU TO:

- Meet other parents who understand your situation for mutual support.
- Learn strategies to help you support your child, with no judgement!
- Help you to prioritise your own well-being as a parent.

**WHEN?** Find out more at our **Information Session** for parents at 7.15pm on the last Tuesday of every month in 2025.

**WHERE?** We meet using Zoom and you'll get the link when you register for our Information Session below.

**To attend** register at <https://calendly.com/ymhf/information-session-zoom>



**To get more information contact:**

Joel Sutton (YMHF) on 0300 302 0285

or email [joel@youthmentalhealthfoundation.org](mailto:joel@youthmentalhealthfoundation.org)

# SUPPORT OUR LOTTERY TODAY

£1 per  
week

Weekly  
cash prizes

£25,000  
jackpot



YOUR  
SCHOOL  
LOTTERY



## Splitting the £1.00

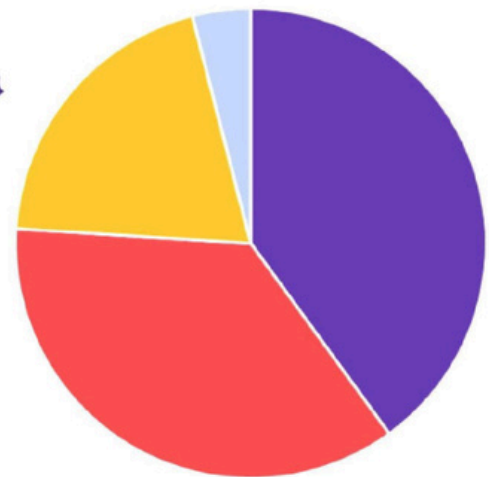
## How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Fremington Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at [YourSchoolLottery.co.uk](http://YourSchoolLottery.co.uk) by direct debit or debit card.

**It's so easy to join and will make a real difference to Fremington Primary School**



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

**The Maths... 100 tickets sold a week means**  
= **£30 weekly cash prize**  
= **£2,080 a year for our school**



To start supporting, visit:

**[yourschoollottery.co.uk](http://yourschoollottery.co.uk)**

and search for: **Fremington Community**

# 1

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Mild Chicken Curry & Rice	Roast Pork	Meatballs in a Tomato Sauce	Fish Fingers
Hot Option 2	Golden Veggie Fingers	Cheese & Cauliflower Pasta Bake	Veggie Slice	Veggie Balls in a Tomato Sauce	Vegan Veggie Fritters
Served with	Herby Potatoes & Sweetcorn or Coleslaw	Broccoli	Roast Potatoes Cabbage & Carrots & Gravy	Pasta, Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Iced Fruit Smoothie	Chocolate Surprise Brownie	Pip Organic Lolly / Warm Fruit Compote with Greek Yoghurt	Sticky Toffee Cake with Sauce	Oat & Sultana Cookie
Packed Lunch	Tuna Baguette	Fish finger wrap	Cheese Baguette,	Ham Baguette	Cheese Baguette

Week One: 4 Nov | 25 Nov | 16 Dec | 20 Jan | 10 Feb | 10 Mar | 31 Mar

# 2

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Macaroni Cheese	Butcher's Sausages & Gravy	Roast Chicken with Sage & Onion Stuffing	Beef Lasagne	Fillet of Fish
Hot Option 2	Tomato & Basil Pasta Bake	Vegetarian Sausages & Gravy	Yorkshire Pudding Stuffed with Quorn Pieces	Vegetarian Lasagne	Veggie Nuggets
Served with	Broccoli & Garlic Bread	Mashed Potatoes & Carrots	Roast Potatoes Cabbage & Carrots & Gravy	Green Beans or Coleslaw & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Pip Ice Lolly / Warm Fruit Compote with Greek Yoghurt	Iced Chocolate Cake	Crispy Chocolate Cornflake Cake	Homemade Carrot Cake	Homemade Shortbread Biscuit
Packed Lunch	Tuna Baguette	Falafel Wrap	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar

# 3

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Fish Pie	Roast Chicken	Beef Bolognese	Fish Fingers
Hot Option 2	Frittata	Cheesy Wheels & Herby Diced Potatoes	Quorn & Leek Pastry Puff	Mediterranean Vegetable Pasta	Margherita Wrap
Served with	Potato Wedges Sweetcorn or Winter Coleslaw	Peas or Baked Beans	Roast Potatoes Broccoli & Carrots & Gravy	Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Arctic Roll	Apple Crumble & Custard	Fruit Jelly	Flapjack	Homemade Oat Cookie
Packed Lunch	Tuna baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar