



# SCHOOL NEWSLETTER

31st January 2025

## Latest News

The primary curriculum is jam-packed and in order to avoid over-loading our student's brains, we rotate the teaching of certain subjects. This half term, geography is 'in-focus' and you get a real feel of this as you move through the school. Year 1 and 2 headed out into the local area to survey urban and rural environments - ask your children what they learnt! Elsewhere in the school, the geography focus has included volcanoes, rainforests and North America!

Have a great weekend!



## Important



I have written to the parents/carers of children in Year 5 and 6 but I would like to bring my concerns to the whole school community - please, please be mindful of what content your children are accessing when online. We have seen a real rise in the use of prejudice and discriminatory language and, more often than not, children tell us that they hear this language on YouTube or when playing online games.



## School Development News

Mrs Gilbert attended a Safeguarding Network this week. Jon Galling (Senior Education Safeguarding Officer for Devon) delivered updates around the local contextual safeguarding risks. We also spent time looking at the rise of the use of AI and the many positive benefits of this, but also the implications around the safeguarding risks that accompany AI.



## School Dinners:



We are thrilled to inform you that we have a new kitchen manager at our school - Nikky. Nikky is already receiving rave reviews for her fantastic cooking and producing nutritious and delicious meals for our pupils. We invite you to encourage your children to try her fantastic cooking and see the positive impact it can have on their overall well-being and concentration at school.

School meals are free for all children in Reception, Year 1 & Year 2, and £2.50 for those in Year 3 and above. Additionally, I would like to remind you to apply for free school meals if you are in receipt of benefits. This can provide valuable support for your family and ensure that your children have access to healthy meals during the school day. For more information please visit our [website](https://www.fremington-primary.devon.sch.uk/page/?title=School+Lunches&pid=43) - <https://www.fremington-primary.devon.sch.uk/page/?title=School+Lunches&pid=43>

Please remember that your account should always be in credit and topped up before your child orders a school dinner.

**We have been made aware that children aren't always eating a huge amount at lunchtime so we have revised the way that we are doing things in the hall and hopefully children will be coming home with full tummies!**

If you have any questions or need assistance with the application process, please don't hesitate to contact the admin office.

We look forward to seeing your children enjoy the new menu!



You have all been recognised for your fantastic learning behaviours

**PTFA**

Please can we kindly ask that you do not contact the PTFA Facebook page for school related questions or concerns, please contact the school by emailing either the class email or [admin@fps.tarkatrust.org.uk](mailto:admin@fps.tarkatrust.org.uk), as much as we would love to help, we are unable to!

**Spring Term up-coming events, more details will follow nearer the time:**

- Easter Bonnet Parade – Friday 4th April
- Easter Bake Sale – Friday 4th April (after school)
- May Day Disco – Thursday 1st May
  - Non-Uniform Day – Friday 2nd May
  - Spring Bingo – Wednesday 21st May

🎉 Did you know Fremington School has its own lottery? It's a brilliant way to support the school and have the chance to win cash prizes! 🎁 For just £1 per week, you'll be entered into a weekly draw with lots of great prizes. PLUS, this month, there's an exciting chance to win £1,000! 😊 There are only 2 days left to join this month's big draw—but don't worry, there are weekly opportunities to win too. 🙌 here's the link to sign up: 📄 <https://www.yourschoollottery.co.uk/lottery/school/fremington-community-primary-and-nursery-school> GOOD LUCK!

PTFA

**Attendance**

People are feeling better!  
Well done, Year 4!

W/B: 27/01/2025	
1	94.6%
2	93.8%
3	97.6%
4	98.1%
5	93.2%
6	94.0%
R	91.8%
Overall	95.0%

**SUPPORT OUR LOTTERY TODAY**

- £1 per week
- Weekly cash prizes
- £25,000 jackpot

**YOUR SCHOOL LOTTERY**

£1 TICKET 841201

**Splitting the £1.00**

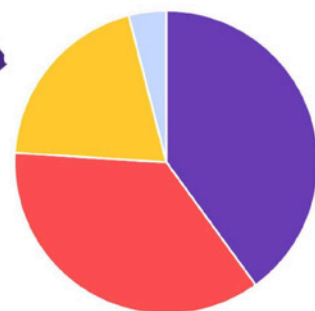
**How it works...**

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Fremington Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at [YourSchoolLottery.co.uk](http://YourSchoolLottery.co.uk) by direct debit or debit card.

**It's so easy to join and will make a real difference to Fremington Primary School**



**Parent/carer information session**

**When:** Monday 3rd February at 2:30 – until collection time.

**Why:** To explore language development.

**Who:** Advisory teacher Sarah Clarke from the Devon County Council's Communication and Interaction team will be alongside our SENDCO Faye Sluman to share information and answer any questions you have.

This session would be useful for anyone who is interested in supporting their child's language development; equally if you are concerned about your child's language development there will be information on 'Developmental Language Disorder'.

We look forward to welcoming you at the main office on Monday.

**The Maths...** 100 tickets sold a week means

- = £30 weekly cash prize
- = £2,080 a year for our school

To start supporting, visit: [yourschoollottery.co.uk](http://yourschoollottery.co.uk) and search for: **Fremington Community**

GambleAware 18+

# Calendar Of Events

Term dates are available on our [website](#).

Date	Event
Tues 4th Feb	<b>RECEPTION Learning Showcase 2.15pm</b> Parents invited into classes to explore learning
Thurs 6th Feb	<b>Yr 1 &amp; 2 Learning Showcase 2.30pm</b> Parents invited into classes to explore learning
Thurs 13th Feb	<b>Yr 4 Learning Showcase 2.30pm</b> Parents are invited into the hall to explore learning
Fri 14th Feb	<b>Yr 6 Learning Showcase 2.15pm</b> Parents are invited into classrooms to explore learning
Fri 14th Feb	<b>Last day of Spring 1 term</b>
Mon 24th Feb	<b>Non-Pupil Day</b>
Tues 25th Feb	<b>First day of Spring 2 term</b>
Wed 26th – Fri 28th Feb	<b>Book Fair in the hall after school</b>
Thurs 27th Feb	<b>Year 4 trip to Eden Project</b> More details to follow
Thurs 6th March	<b>World Book Day – Non-uniform</b> Dress as a book character or author to celebrate this famous day! Details of swap shop coming up!
Thurs 20th March	<b>Yr 3 Learning Showcase 2.15pm</b> Parents are invited into the hall to explore learning
Thurs 27th March	<b>Yr 5 Learning Showcase 2.15pm</b> Parents are invited into the hall to explore learning
Friday 4th April	Last day of Spring 2 term

## Swimming

All swimming sessions are during the afternoons. Please ensure children bring a towel, swimming suit and goggles.

Swim caps are advised but not essential.

### Spring 1

Year 5 Panthers Wednesdays    Year 5 Leopards Thursdays    Year 6 (selected children) Fridays

### Spring 2

Year 4

### Summer 1

Year 3

### Summer 2

Year 6



# DO YOU HAVE A CHILD AGED 8-17 WHO IS STRUGGLING WITH THEIR MENTAL HEALTH?

Anxiety, depression, self-harm and other mental health struggles are on the rise in children, particularly following the Covid-19 Pandemic.

**As parents, we can be left feeling overwhelmed and helpless, not knowing where to turn for help.**

## THIS GROUP AIMS TO SUPPORT YOU TO:

- Meet other parents who understand your situation for mutual support.
- Learn strategies to help you support your child, with no judgement!
- Help you to prioritise your own well-being as a parent.

**WHEN?** Find out more at our **Information Session** for parents at 7.15pm on the last Tuesday of every month in 2025.

**WHERE?** We meet using Zoom and you'll get the link when you register for our Information Session below.

**To attend** register at <https://calendly.com/ymhf/information-session-zoom>



**To get more information contact:**

Joel Sutton (YMHF) on 0300 302 0285

or email [joel@youthmentalhealthfoundation.org](mailto:joel@youthmentalhealthfoundation.org)

# 1

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Mild Chicken Curry & Rice	Roast Pork	Meatballs in a Tomato Sauce	Fish Fingers
Hot Option 2	Golden Veggie Fingers	Cheese & Cauliflower Pasta Bake	Veggie Slice	Veggie Balls in a Tomato Sauce	Vegan Veggie Fritters
Served with	Herby Potatoes & Sweetcorn or Coleslaw	Broccoli	Roast Potatoes Cabbage & Carrots & Gravy	Pasta, Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Iced Fruit Smoothie	Chocolate Surprise Brownie	Pip Organic Lolly / Warm Fruit Compote with Greek Yoghurt	Sticky Toffee Cake with Sauce	Oat & Sultana Cookie
Packed Lunch	Tuna Baguette	Fish finger wrap	Cheese Baguette,	Ham Baguette	Cheese Baguette

Week One: 4 Nov | 25 Nov | 16 Dec | 20 Jan | 10 Feb | 10 Mar | 31 Mar

# 2

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Macaroni Cheese	Butcher's Sausages & Gravy	Roast Chicken with Sage & Onion Stuffing	Beef Lasagne	Fillet of Fish
Hot Option 2	Tomato & Basil Pasta Bake	Vegetarian Sausages & Gravy	Yorkshire Pudding Stuffed with Quorn Pieces	Vegetarian Lasagne	Veggie Nuggets
Served with	Broccoli & Garlic Bread	Mashed Potatoes & Carrots	Roast Potatoes Cabbage & Carrots & Gravy	Green Beans or Coleslaw & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Pip Ice Lolly / Warm Fruit Compote with Greek Yoghurt	Iced Chocolate Cake	Crispy Chocolate Cornflake Cake	Homemade Carrot Cake	Homemade Shortbread Biscuit
Packed Lunch	Tuna Baguette	Falafel Wrap	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar

# 3

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Fish Pie	Roast Chicken	Beef Bolognese	Fish Fingers
Hot Option 2	Frittata	Cheesy Wheels & Herby Diced Potatoes	Quorn & Leek Pastry Puff	Mediterranean Vegetable Pasta	Margherita Wrap
Served with	Potato Wedges Sweetcorn or Winter Coleslaw	Peas or Baked Beans	Roast Potatoes Broccoli & Carrots & Gravy	Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Arctic Roll	Apple Crumble & Custard	Fruit Jelly	Flapjack	Homemade Oat Cookie
Packed Lunch	Tuna baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar