



# SCHOOL NEWSLETTER

14th March 2025

## Latest News

Lots of exciting learning took place this week. Amongst other things, there were: messy science experiments, trips to the park to look at the engineering behind playground equipment, robotics lessons, basketball masterclasses, mastering number bonds and embracing some really great books.

Please may I take this opportunity to remind you of our uniform expectations. Children should only be wearing PE kit on their PE days and this should be in line with our PE uniform expectations (see poster below). Long hair should be tied back.

I spent some time last week hearing children across the school read. It was great to see how many children are also reading at home. We encourage you to make reading a regular part of your family's routine. Together, we can help our children develop the skills and love for learning that will serve them well throughout their lives.



I hope that you all have a fantastic weekend.

## School Development News

This week Mrs Gilbert and Mrs Burns visited English lessons to see how teachers were giving immediate, in-the-moment feedback to learners. Teachers then spent their staff meeting sharing good practice in this area. Mrs Sluman spent time with SENDCo colleagues from across the Trust, receiving training about executive function from DCC Educational Psychologist and exploring tracking provision for learners with SEND.



## Digtopia!



Welcome to DIGTOPIA! A brand new, purpose-built area for our Nursery and Reception children. This multipurpose area filled with environmentally friendly rubber chippings will provide endless opportunities for our children to develop their fine and gross motor skills, communication, collaboration, maths skills and many other areas to support the early years curriculum. Our thanks go to Mr Kris for his work in creating this area and also to councillor Frank Biederman for his generous donation from the locality budget.

Now more than ever, we must recognise the importance of outdoor play when it comes to the impact it has on early years development. Spending time outdoors can have a positive impact on both mental and physical health at any age, so it's important that we encourage it from a young age.

Benefits of outdoor play on children's well-being

- \* try new activities.
- \* engage with others.
- \* solve problems.
- \* explore the natural environment.
- \* make friends.
- \* show resilience.

What do the children think about DIGTOPIA??

Jordan – *"It's just so much fun. It's FANTASTIC!"* Dora – *"I just want to play in it and do so much digging"*  
Oliver – *"It's amazing and I feel happy when I am in there"* Oscar C – *"I love scooping the chippings with the digger"*



## Year 6 Transition

Children moving onto Park school were visited by Headteacher Ms Vicky Owen this week. She chatted at length with students about what life will be like at Park and her expectations. Meanwhile, Mrs Helen Paddon met with Yr 6 staff to ensure that there is a smooth handover of information. Exciting times for our Y6 students!

PERSEVERANCE



TEAMWORK



CURIOSITY



COMMUNICATION



### Award Winners

Reggie- Butterflies

Zyron - Fireflies

Layla & Lucas - Foxes

Jaxon & Syahaila - Otters

TJ & Mylie - Kestrels

Arthur & Millie- Eagles

Alyssa & Archie T - Falcons

Augustus - Panthers

Bradley & Finley H - Leopards

Dylan & Scarlett - Lions

Hope & Harri - Tigers

You have all been recognised for your fantastic learning behaviours  
**WELL DONE!**



### Swimming

All swimming sessions are during the afternoons. Please ensure children bring a towel, swimming suit and goggles. Swim caps are advised but not essential.

#### Spring 2

Year 4

#### Summer 1

Year 3

#### Summer 2

Year 6



**Fremington Primary School Uniform**

- Royal blue jumper or cardigan (either badged or plain)
- Pale blue polo shirt
- Grey trousers/ shorts/ skirt /pinafore
- All black suitable shoes/trainers
- Grey tights
- Grey/white socks

**PE kit**

To be worn on PE days.

- Royal blue jumper or cardigan (either badged or plain)
- Pale blue plain t-shirt
- Black shorts or jogging bottoms
- Suitable trainers

### Red Nose Day for Comic Relief

On Friday 21st March, we will be supporting Comic Relief by having a non-uniform day – wear RED if you can! You will be able to make online donations in exchange for a dress-down day. This year marks 40 years of Comic Relief and they have supported a huge 100 million people in that time. Let's support them to continue helping those who need extra support.

Date	Event
<b>Fri 21st March</b>	<b>RED NOSE DAY for Comic Relief</b> Non-uniform – wear RED if you can. Online donations to be made to Comic Relief
<b>Thurs 27th March</b>	<b>Yr 5 Learning Showcase 2.15pm</b> Parents are invited into the hall to explore learning
<b>Fri 28th March</b>	<b>Mothers Day /Loved Ones celebration afternoon</b> in Nursery at 2.15 - updated time!
<b>Friday 4th April</b>	<b>PTFA Easter Bonnet Competition and Bake Sale</b>
<b>Friday 4th April</b>	Last day of Spring 2 term
<b>Tues 22nd April</b>	First Day of Summer Term

Term dates are available on our [website](#).

## Sporting Stars!

### Mighty Max!

Congratulation to Max (Y2) who completed his 100th Junior Parkrun last weekend. Only just approaching 7 years old, this is an incredible achievement! At Junior Parkrun, Max has completed 200km; the equivalent of running from school to Bournemouth! Wow, Max!

You can join Max running/walking/skipping around Rock Park each Sunday morning at 9am. Junior Parkrun is a fantastically joyful, inclusive event open to children from the ages of 4-14. It would be great to see more FPS students joining the fun!



### Ballet Exam Success

Huge congratulation to Olivia (Y5) who gained a high merit (83%) in her Grade 2 ballet exam. Over the last five years, Olivia has worked tirelessly, with such dedication and discipline. Well done, Olivia. We're all very proud of you!

## PTFA

Thank you to those who joined in with the sponsored read, we can tell from your sponsor forms you had a lovely time reading lots of exciting books

Easter is nearly here and your PTFA have a couple of events before we break up for the holidays –

Friday 4th April, there will be an Easter Bonnet Parade at school for all children, parents are invited in from 3pm to the parade. Easter eggs for all the children. The winning class will get extra playtime. Bonnets to be made at home by your children and brought in on the day of the parade (see poster).

Friday 4th April, there will be an Easter Bake Sale after school. Cake donations to be brought in either Thursday 3rd or Friday 4th April (see poster).

Thank you for your continued support for your PTFA.

## Attendance

Great job Year 1 and Year 3!

W/B: 10/03/2025

1	97.2%
2	95.8%
3	97.2%
4	96.2%
5	91.2%
6	91.4%
R	93.9%
Overall	94.7%



# What Parents & Educators Need to Know about ROBLOX

AGE RESTRICTION  
PEGI  
7

Roblox is one of the most popular video games among children. In 2020, the game's developers claimed that more than half of the USA's children had played it. As a 'sandbox' title, the game lets players create their own gaming experiences with Roblox Studio to build custom levels, which can then be shared online.

## WHAT ARE THE RISKS?

### ONLINE PLAY RISKS

Because Roblox connects random players across the world, it can put younger players into an environment with anonymous users who could use the platform for nefarious reasons. For example, some role-play games are used for online dates and mature role play, which could expose youngsters to inappropriate messages in the public chat box.

### MATURE CONTENT

Content is difficult to moderate throughout Roblox, due to the number of games available. This is particularly notable on smaller games and experiences, but in summary, some of the games and experiences offered on the platform contain age-inappropriate content that could easily be seen by young players.

### IN-GAME SPENDING

The majority of games within Roblox have extensive monetisation options, usually through season passes or microtransactions. Purchases can range in value from a few pennies up to much larger sums of money. While some games offer a lot of content via purchases, others can offer very little for real world money, causing younger players to end up out of pocket.

### ANONYMOUS PLAYERS

The anonymity of users can leave players vulnerable to bullying, harassment, and predatory behaviour. Without the right parental controls or monitoring, users can connect with each other via personal messages or friend requests, and it is very difficult to know who's behind a username in this vast online world.

### RISK OF ADDICTION

Roblox games can feature rewarding or satisfying mechanics that keep players coming back – or persuade them to stay logged-in for much longer. Like most games, they focus on interactivity, with constant rewards via in-game unlocks and currencies, which can sometimes lead to an addictive need to remain online for long periods of time.

### SCAMS

Many of the games on Roblox feature collectible items, pets, or characters. These objects, while digital, are worth a lot of real money on certain online markets. Scammers will attempt to trade with younger users in the hopes of getting rare items that can be sold for real money, manipulating the child into handing them over, usually via misleading information.

## Advice for Parents & Educators

### MONITOR THE CONTENT

While Roblox does implement plenty of moderation tools and parental controls, it's up to parents and guardians to monitor the types of games a child or impressionable player is experiencing. If a youngster wants to play Roblox, be sure to check out which specific games they want to play within it, and get a good idea of their content.

### TAKE ADVANTAGE OF TOOLS

Use the parental controls within the game itself and teach youngsters how to report and block other players. Knowing the powers within their reach will make Roblox a safer, happier experience. You can set age ranges for who's allowed to contact you, close public chat boxes, block spending, and even make your Roblox profile completely private. All these options are helpful in cutting off bad actors from engaging with children.

### PLAY TOGETHER

Consider playing Roblox with the children in your care. There are few more effective ways to see how monetisation works, gauge whether the game could lead to addictive behaviours, or even witness how interaction between players works, than sitting down and trying the game for yourself. This should help you figure out whether it's suitable for particular children.

### TEACH ONLINE BEHAVIOURS

Have an open conversation about the risks of online play and how to spend money wisely. By being honest and giving tips on how a younger user can protect themselves, you can empower them to not only take care of themselves, but others too. Any user can be reported to Roblox moderators by other players for behaving inappropriately. With this knowledge, younger players can be aware of what to look for and help prevent it.

## Meet Our Expert

Dan Lipscombe is a videogame journalist and author of over 20 books on gaming, including books on Minecraft, Fortnite, Roblox, and more. For 15 years he has been writing about his passion for gaming. When he's not playing games, he's talking about them at GAMINGbible.



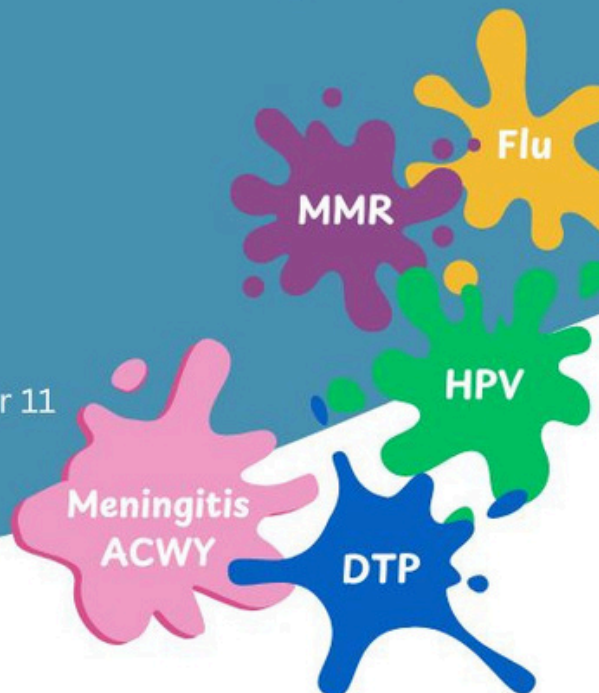
#WakeUpWednesday

The National College

# School aged vaccinations

Did you know children will be offered these routine vaccinations at school?

- ✓ **Flu** - reception - year 11
- ✓ **MMR** - catch up
- ✓ **HPV** - year 8 - year 11
- ✓ **Meningitis ACWY** - year 9 - year 11
- ✓ **Diphtheria, Tetanus, Polio (DTP)** - year 9 - year 11




## Did you miss us?

We also have community clinics across Devon for:

- ✓ Home educated children
- ✓ Anxious children
- ✓ Children who missed the session at school

For more information, scan the QR code, or call us to speak with a member of our team



 Call us on **01392 342678**

 [kernowhealthcic.schoolimmsdevon@nhs.net](mailto:kernowhealthcic.schoolimmsdevon@nhs.net)



Taw & Torridge  
Estuary Churches  
Fremington, **Instow** & Westleigh



# MONTHLY MONDAYS!



ST PETER'S CHURCH  
HALL

3.30 - 4.30PM

10 FEB

Now 17th March

12 MAY

9 JUN

14 JUL

FREE

games, activities, drink and snack  
for families

COME AND JOIN US!

CHILDREN TO BE ACCOMPANIED  
BY AN ADULT



[www.ttec.org.uk](http://www.ttec.org.uk)

# Easter Holiday Tennis Camps



*Develop your child's tennis whilst having fun, making friends & playing games.  
Our dedicated, passionate & engaging coaches welcome all ages & abilities in great locations.*

## Junior Camp

5 - 12 yr olds | 10am - 1pm | £10 per day

### Week 1

Mon 7 <sup>th</sup> Apr	Rock Park
Tues 8 <sup>th</sup> Apr	Braunton
Wed 9 <sup>th</sup> Apr	Rock Park
Thurs 10 <sup>th</sup> Apr	Braunton
Fri 11 <sup>th</sup> Apr	Rock Park

### Week 2

Mon 14 <sup>th</sup> Apr	Braunton
Tues 15 <sup>th</sup> Apr	Rock Park
Wed 16 <sup>th</sup> Apr	Braunton

## Teen Camp

13 - 16 yr olds | 10am - 1pm | £10 per day

### Dates

Tues 8 <sup>th</sup> Apr	Braunton
Thurs 10 <sup>th</sup> Apr	Braunton
Mon 14 <sup>th</sup> Apr	Braunton
Wed 16 <sup>th</sup> Apr	Braunton

### Locations

Barnstaple	Park Lane Tennis Club, Rock Park, EX32 9AH
Braunton	Braunton Tennis Club, Wrafton Road, EX33 2BP



**To book email: [bookings@devonshiretennisacademy.com](mailto:bookings@devonshiretennisacademy.com)**

[www.devonshiretennisacademy.com](http://www.devonshiretennisacademy.com)

# 1

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Mild Chicken Curry & Rice	Roast Pork	Meatballs in a Tomato Sauce	Fish Fingers
Hot Option 2	Golden Veggie Fingers	Cheese & Cauliflower Pasta Bake	Veggie Slice	Veggie Balls in a Tomato Sauce	Vegan Veggie Fritters
Served with	Herby Potatoes & Sweetcorn or Coleslaw	Broccoli	Roast Potatoes Cabbage & Carrots & Gravy	Pasta, Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Iced Fruit Smoothie	Chocolate Surprise Brownie	Pip Organic Lolly / Warm Fruit Compote with Greek Yoghurt	Sticky Toffee Cake with Sauce	Oat & Sultana Cookie
Packed Lunch	Tuna Baguette	Fish finger wrap	Cheese Baguette,	Ham Baguette	Cheese Baguette

Week One: 4 Nov | 25 Nov | 16 Dec | 20 Jan | 10 Feb | 10 Mar | 31 Mar

# 2

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Macaroni Cheese	Butcher's Sausages & Gravy	Roast Chicken with Sage & Onion Stuffing	Beef Lasagne	Fillet of Fish
Hot Option 2	Tomato & Basil Pasta Bake	Vegetarian Sausages & Gravy	Yorkshire Pudding Stuffed with Quorn Pieces	Vegetarian Lasagne	Veggie Nuggets
Served with	Broccoli & Garlic Bread	Mashed Potatoes & Carrots	Roast Potatoes Cabbage & Carrots & Gravy	Green Beans or Coleslaw & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Pip Ice Lolly / Warm Fruit Compote with Greek Yoghurt	Iced Chocolate Cake	Crispy Chocolate Cornflake Cake	Homemade Carrot Cake	Homemade Shortbread Biscuit
Packed Lunch	Tuna Baguette	Falafel Wrap	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar

# 3

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Cheese & Tomato Pizza	Fish Pie	Roast Chicken	Beef Bolognese	Fish Fingers
Hot Option 2	Frittata	Cheesy Wheels & Herby Diced Potatoes	Quorn & Leek Pastry Puff	Mediterranean Vegetable Pasta	Margherita Wrap
Served with	Potato Wedges Sweetcorn or Winter Coleslaw	Peas or Baked Beans	Roast Potatoes Broccoli & Carrots & Gravy	Green Beans & Crusty Bread	Chips & Peas or Baked Beans
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Dessert	Arctic Roll	Apple Crumble & Custard	Fruit Jelly	Flapjack	Homemade Oat Cookie
Packed Lunch	Tuna baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar