



SCHOOL NEWSLETTER

6th June 2025



Reminder - We are a Nut & Kiwi Free school

Latest News

It has been fantastic to welcome the children back following half term – I hope that you all had a restful break. Congratulations to our Upper Key Stage 2 rounders team who headed to Pilton today. Two teams attended the event, both performing incredibly well and learning lots as the tournament progressed. We have also welcomed parents in for the Y4 learning showcase where adults worked alongside students, creating a piece of geography themed art-work in the style of Matisse.

As you'll no doubt have noticed – the weather is a bit unpredictable! Please ensure that children have a waterproof coat in school and are wearing shoes that can sustain a soggy playground.

A reminder that Monday July 14th is an INSET day.



Staff News

Mr Newman, having worked here since 2022, has moved on to adventures new! We wish him lots of luck. For the remainder of this term, Ms Shute and Mrs Coley will pick up Mr Newman's cover role, as HLTAs.

Increase in Nursery

From the 1st September 2025 the costs per hour, will be:
£5.56 – 3 & 4 year olds
(These prices are in line with the Devon funding rates.)

Please be reassured that the decision to increase our current fees has not been taken lightly, but we need to reflect the significantly higher costs that we now face with an increase in our nursery prices.

If there is a difficulty in providing payment for nursery (above the hours funded by the government), please contact the school office as soon as possible. All queries and requests for support are confidential and we will always work with families to ensure we find the best solution we can.

Thank you for your support and understanding.

Meal prices

We need to inform all parents that, after careful consideration, we are having to increase the cost of school meals.

From the 1st September 2025 the cost per meal will be £2.60.

Please be reassured that the decision to increase this cost has not been taken lightly, but we need to reflect the higher costs that we now face with an increase in our meal prices. We fully understand how difficult times are, we have therefore tried to keep the increase as small as possible.

Attendance

Well done, Year 4!

W/B: 02/06/2025	
1	91.7%
2	90.6%
3	94.6%
4	96.5%
5	95.5%
6	94.8%
R	90.5%
Overall	93.7%

Lost Property

Do any of these glasses belong to your child? If so, please pop into main reception to be reunited with them.



Award Winners

- Hallie - Butterflies
 - Macie B - Dragonflies
 - Hugo - Fireflies
 - Lucas & Cleo - Foxes
 - Luna & Amber - Otters
 - Archie & Phoebe- Hedgehogs
 - Olivia & Maizie - Kestrels
 - Noah C & Lucy - Eagles
 - Hawks
 - Maisie & Taylor - Falcons
 - Aidan & Jake - Panthers
 - Bikeability & Oscar - Leopards
 - Mason W & Esme - Lions
 - Harri - Tigers
- You have all been recognised for your fantastic learning behaviours – WELL DONE!

Swimming

All swimming sessions are during the afternoons. Please ensure children bring a towel, swimming suit and goggles. Swim caps are advised but not essential.



Summer 2
Year 6

ROMAR
SPORTS

FOOTBALL AFTER SCHOOL CLUB

Keep active, have fun, make friends, learn skills, play matches.

Sportswear, water bottle, trainers or moulded football boots needed.

Shinpads recommended

MONDAY'S - Years 3 - 6

3.25 - 4.25PM

28 April - 14 July

9 weeks

£54 / £6 per session



BOOK YOUR SPACE ONLINE ONLINE

<https://romar-sports.classforkids.io/info/1253>



SUNSET RUNFEST

MULTI-TERRAIN & BEAUTIFUL VIEWS

FRIDAY 20TH JUNE 2025

NORTH DEVON CRICKET CLUB - INSTOW

PRE-REGISTRATION ONLY

@ WWW.FREMINGTONTRAILBLAZERS.CO.UK

0.5K 2K 5K 10K

UNDER 5YRS
WITH ADULT
6:30PM
£3

KIDS RACE
5-14 YRS
6:30PM
£6

11YRS +
7:15PM
£17

15YRS +
7:15PM
£20

MEDALS INCLUDED. REFRESHMENTS AVAILABLE
RACE DISTANCES ARE APPROXIMATE
£2 DISCOUNT FOR EA/ARC AFFILIATED RUNNERS

PhillipsSmith & Dunn WORKIT WOOLAC MBE BAY B REND



Date	Event
Mon 9 th - Fri 13 th June	Year 1 Phonics Screening Checks
Wed 11 th June	Y5 Learning Showcase 2.30pm Parents and carers invited into school. <i>Please wait at the playground gate</i>
Wed 11 th - Fri 13 th June	Year 6 Residential
Wed 18 th - 20 th June	Year 5 Residential
Wed 25 th June	Sports Day
Thu 26 th June	Y3 Kestrels Learning Showcase 2.30pm. Parents and carers invited into school. <i>Please wait at the playground gate.</i>
Fri 27 th June	Y3 Eagles Learning Showcase 2.30pm Parents and carers invited into school. <i>Please wait at the playground gate</i>
Sun 29 th June	Summer Fair - More information to follow
Mon 14 th July	INSET Day - Non pupil day
Tue 15 th July	Y1/2 Hedghogs Learning Showcase 2.30pm Parents and carers invited into school. <i>Please wait at the normal drop off gate</i>
Wed 16 th July	Y1/2 Otters Learning Showcase 2.30pm Parents and carers invited into school. <i>Please wait at the normal drop off door</i>
Thu 17 th July	Y1/2 Foxes Learning Showcase 2.30pm Parents and carers invited into school. <i>Please wait at the normal drop off gate</i>
Wed 23 rd July	Last Day of Summer Term



Girls' Softball Cricket
Turn up and Play Sessions
at Bideford CC
Monday 16th June 6pm onwards
Sunday 6th July 10am-1pm

GIRL POWER.



To register contact Martin on
martin.brice@devoncricket.co.uk

What Parents & Educators Need to Know about EMOJIS

WHAT ARE THE RISKS?

Emojis are more than playful expressions — they form a fast-evolving digital language that many adults struggle to decode. For young people, this 'secret code' is central to how they communicate identity, humour and emotions. With over 5 billion emojis sent daily on Facebook Messenger alone, understanding these symbols is key to engaging meaningfully with digital youth.

GENERATIONAL MISCOMMUNICATION

An emoji like 👍 (thumbs up emoji) might seem friendly to adults, but teens often interpret it as sarcastic or passive-aggressive. These differing interpretations can create confusion or unintended tension in cross-generational conversations.

SHIELDING BULLYING OR PEER PRESSURE

When embedded in emojis, mean-spirited jokes or exclusionary language can fly under the radar. Terms like 'mid' or 'delulu' may seem harmless, but they can be used to undermine peers in subtle ways.

RAPIDLY SHIFTING MEANINGS

Emoji meanings can change overnight. A person standing emoji (👤) once signified awkwardness but might now be repurposed for something entirely different. This ever-changing lexicon can leave adults in the dark and young people vulnerable to misunderstanding or misuse.

MASKING DISTRESS OR HARM

Some emojis are used to discreetly signal troubling behaviours. For instance, 🍂 (falling leaves emoji) or 💊 (pill emoji) might suggest drug use, while 🌸 (wilted flower emoji) could hint at emotional struggles. Such usage can obscure serious issues, making them harder for trusted adults to detect.

NORMALISING RISKY BEHAVIOURS

Emojis can make harmful actions seem light-hearted or fashionable. Strings like 🔥👤🍷 (fire + 'woozy' face + pill emojis) may appear humorous but can reference partying, intoxication or dangerous challenges, which might otherwise raise red flags.

Advice for Parents & Educators

LEARN THE LINGO

Stay updated with emoji trends and definitions using resources like emojipedia.org or Urban Dictionary. Knowing current meanings builds confidence when engaging with young people and helps spot potential concerns early.

ASK, DON'T ASSUME

Approach unfamiliar emojis with curiosity rather than suspicion. A light-hearted "What does 🍷 (juice box emoji) mean these days?" can open conversation and show that you respect their knowledge.

CREATE SAFE SPACES FOR DISCUSSION

Encourage casual chats about emojis, online slang, memes, or social media trends. Showing interest without judgement reassures young people that they can talk about their digital world openly and safely.

PRIORITISE TRUST OVER SURVEILLANCE

While parental controls and monitoring tools can be useful, emotional safety matters most. Be someone children and young people feel they can come to — not just someone who's watching them.

EMOJI CHEAT SHEET - The following slang terms and emojis are some common examples - please be aware this isn't an exhaustive list.

COMMON EMOJIS:

🤡 (Clown face) Foolishness or clowning around	🙄 (Pleading face) Over-affectionate or 'simping'
😬 (Cold face) Cool, stylish or ruthless	👁️ (Eyes) Watching drama unfold
😘 (Hot face) Intense attraction or excitement	🐐 (Goat) Greatest of all time (G.O.A.T.)
😐 (Moai) Stone-faced, unbothered	💅 (Nails) Confidence, sassiness, or indifference
👑 (Crown) 'Slaying', as in doing great	🚩 (Triangular flag) Red flag; a warning sign about someone's behaviour

POTENTIALLY CONCERNING EMOJIS

🍷 (Ear of corn) Slang for pornography (avoids censorship algorithms)	🌸 (Wilted flower) Often used to convey emotional struggle or sadness
❄️ (Snowflake, snowman, snow cloud) Can symbolise cocaine	🐍 (Snake) Can represent betrayal or being 'two-faced'
🗝️ (Key, lying face) Related to cocaine use	🔫 (Water pistol) Sometimes used to reference violence or self-harm
🍃 (Falling leaves, herb, maple leaf) Can symbolise cannabis	⚠️ (Warning) Used to emphasise drama, threats or emotional turmoil
💊 (Pill) May reference drug use or prescription misuse	🍜 (Steaming bowl) Refers to nudes ('noods' is an abbreviation of noodles)

Meet Our Expert

Keith Broni is a globally renowned emoji expert and the Editor in Chief of emojipedia.org, the world's number one emoji resource. He has an MSc in Business Psychology from University College London and an MBA from Quantic School of Business and Technology.



#WakeUpWednesday

The National College



SUMMER FAIR

**Sunday 29th June
11am to 3pm**

Fremington Primary School

**£1 entry
children free**

Join us for lots of fun!

- bouncy castle •
- tin can alley •
- go carts •
- face painting •
- bubble fairy •
- stalls •
- dog and duck show •
- yummy food •
- balloon modelling
- hook a duck
- and much much more!

Keep an eye on the Facebook page and Newsletter!



Here to help with energy advice

We know the school holidays can be an expensive time.

Our dedicated energy team can run through tips to help you cut your bills, check your entitlement for benefits or see if you can claim any grants.

If you're on a prepayment meter, we might also be able to issue you with vouchers to keep you topped up over the holidays.



01237 879233



www.citizensadvicetnmwd.org.uk/energyadvice

**citizens
advice**


**Torrige, North,
Mid & West Devon**






1	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Potato Wedges (v)	Chicken Curry with Rice	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Sausage Pinwheel, Herby Diced Potatoes & Baked Beans	Fish Fingers & Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Cheese and Tomato Pasta Bake & Crusty Bread (v)	Lentil Roast with Stuffing, Roast Potatoes and Gravy (v)	Plant-based Sausage Pinwheel, Herby Diced Potatoes & Baked Beans (v)	Golden Veggie Goujons & Chips (v)
Jacket Potato	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo
Served with	Sweetcorn	Mixed Vegetables	Carrots and Green Beans	Mixed Salad	Peas or Baked Beans
And for Pudding	Pip Organic Ice Lolly	Brownie	Flapjack	Fruit Jelly	Shortbread Biscuit
Packed Lunch + pudding of the day	Tuna Baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct



2	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Mac n Cheese & Crusty Bread (v)	Sweet & Sour Chicken with Steamed Rice	Honey Roast Gammon with Mash & Gravy	Meatballs in Tomato Sauce with Pasta	Chicken Bites & Chips
Hot Option 2	Sweet and Sour Plant Balls with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v) & Crusty Bread	Vegemince Cottage Pie & Gravy (v)	Plant-based Sausages in Tomato Sauce with Pasta (v)	Vegetarian Enchilada & Chips (v)
Jacket Potato	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo
Served with	Mixed Vegetables	Sweetcorn	Peas and Carrots	Mixed Salad	Peas or Baked Beans
And for Pudding	Pip Organic Ice Lolly	Oaty Cookie	Toffee Cream Shortcake	Jam Sponge & Coconut	Chocolate Shortbread
Packed Lunch + pudding of the day	Tuna Baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct



3	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheese and Tomato Pizza Swirl with Potato Wedges (v)	Lasagne & Garlic Bread	Sausages Yorkshire Pudding Mashed Potato & Gravy	Breaded Chicken, Lettuce and Mayo Wrap with Steamed Rice	Fish Fingers & Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Bean Bake & Garlic Bread (v)	Plant-based Sausages Yorkshire Pudding Mashed Potato & Gravy (v)	Tomato and Courgette Frittata with Potato Wedges (v)	Cheesy Pinwheel & Chips (v)
Jacket Potato	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo
Served with	Peas and Sweetcorn	Mixed Salad	Cabbage and Carrots	Crunchy Salad Sticks	Peas or Baked Beans
And for Pudding	Vanilla Ice Cream	Blueberry Cupcake	Carrot Cake	Chocolate Oatcake	Vanilla Crunch Bar
Packed Lunch + pudding of the day	Tuna Baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct

*Available Daily:
Fresh Salad, Bread & Drinking Water + Fresh Fruit or Yoghurt as Pudding Alternatives