



# SCHOOL NEWSLETTER

fremington@thsp.org.uk

4th July 2025



Reminder - We are a Nut & Kiwi Free school



## Latest News

The sun shone on Sunday for our summer fayre. Thank you to our wonderful PTFA for putting on the event and for all of you, the Fremington School Community, for attending and supporting this mammoth fundraising event. It was a great event with a lovely atmosphere.

Arghhh! The Year 6's put on a piratical masterpiece this week with their end of year show, Pirates of the Curry Bean! The children performed with smiles on their faces, embracing the spirit of the show. Parents, carers and school staff were all incredible proud watching the children shine on stage.

Our Year 1 children headed to Northam Burrows on Thursday and learnt more about coastlines to support their geography learning. Year 2 will head there next week!

There are lots of very tired children limping towards the end of what has been a hot and long half term! Whilst the warm weather continues, please do keep sending children in with sun creams, hats and refillable water bottles.

We are looking forward to seeing you at Learning Consultations next week.

Happy weekend!

## School Development News

Mrs Gilbert spent time with Safeguarding Leads from across the Trust on Wednesday. Time was spent looking at changes to the law around reporting abuse as well as the growing safeguarding risks around generative AI.

## School Book Amnesty

Having spent thousands of pounds on books this year, we are saddened to be ending the term with very empty shelves. In a bid to motivate some book-hunting, for every returned school book, children will be issued with a raffle ticket. These tickets will be added into a draw for some small prizes at the end of the year. Please encourage your children to locate those books!



If you are having a clear out and have some good quality books of your own that you would like to rehome, we'd be very keen to take them off your hands. Children have voiced that they particularly like graphic novels (comic style books such as Wimpy Kid, Dog Man, Bunny Vs Monkey, etc!)



## Protected Characteristics

Fremington Primary School is committed to being a safe and welcoming place, showing support and solidarity for all, staff, students and visitors, in line with the Equality Act protected characteristics.

## Dinner Money

Please ensure that all dinner money debts are cleared by the end of term.

Any accounts that are in credit at the end of this academic year will be rolled over to the next academic year - unless your child is currently in year 6, these will be refunded.

## Attendance

Great attendance this week! Well done, Year 2!

W/B: 30/06/2025	
1	95.5%
2	97.2%
3	96.6%
4	95.8%
5	94.9%
6	96.2%
Overall	96.1%

Date	Event
Mon 7th & Wed 9th July	<b>3.40-5.50 Learning Consultation for Reception to Year 6 meetings</b> Please log in MCAS to book.
Mon 14th July	<b>INSET Day</b> - Non pupil day
Tue 15th July	<b>Y1/2 Hedgehogs Learning Showcase</b> 2.30pm Parents and carers invited into school. Please wait at the normal drop off gate
Wed 16th July	<b>Y1/2 Otters Learning Showcase</b> 2.30pm Parents and carers invited into school. Please wait at the normal drop off door
Thu 17th July	<b>Y1/2 Foxes Learning Showcase</b> 2.30pm Parents and carers invited into school. Please wait at the normal drop off gate
Wed 23rd July	Last Day of Summer Term
Thu 4th September	First Dat of Autumn Term

Term dates are available on our [website](#).

PERSISTENCE	TEAMWORK	CURIOSITY	COMMUNICATION
★	★	★	★

### Award Winners

- Annie - Butterflies
- Jordan - Dragonflies
- Rosa-Mae - Fireflies
- Cameron - Foxes
- Max P & Cassius - Otters
- Leo and Chloe - Hedgehogs
- Till and Isaac - Kestrels
- Max and Robyn - Eagles
- Harry and Emily - Hawks
- Chaze - Falcons
- Charles and Penny - Lee-Panthers
- Oscar M & Joey W- Leopards
- All of Lions
- All of Tigers

You have all been recognised for your fantastic learning behaviours – WELL DONE!

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formally delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

## What Parents & Educators Need to Know about APPLE IPADS

Tablets remain a staple of children's digital lives – and Apple's iPad is by far the most popular model. According to Ofcom, over half of younger children regularly use a tablet to play games, watch online content or access apps. With their broad functionality, iPads can be helpful tools, but without supervision, they may expose children to risks ranging from inappropriate content to screen overuse.

#### WHAT ARE THE RISKS?

Unlike some child-friendly tablets, the iPad is not built for rough handling. Its slim design and high cost mean that a drop or spill can result in a costly repair. If a child is using the device regularly, a sturdy case and screen protector are already recommended to help prevent accidental damage.

#### COSTLY TO REPAIR

While Apple is known for strong privacy protections, a recent study found that many iOS apps aimed at children still share personal data. Over 40% of the tested apps sent at least one piece of user information to third parties, raising concerns about advertising and analytics being targeted at underage users.

#### DATA PRIVACY

While Apple's voice assistant – can potentially override restrictions, especially with the newer Siri-based commands introduced through Apple installers. Without safeguards in place, children may inadvertently access inappropriate topics simply by asking a question, bypassing certain filters previously set by adults.

#### BYPASSING RESTRICTIONS

Apps can be highly immersive, and excessive screen time may affect a child's emotional and behavioral development. Signs of overuse might include mood swings, irritability, and difficulty focusing on non-digital activities.

#### SCREEN ADDICTION

While Apple's voice assistant – can potentially override restrictions, especially with the newer Siri-based commands introduced through Apple installers. Without safeguards in place, children may inadvertently access inappropriate topics simply by asking a question, bypassing certain filters previously set by adults.

#### REDUCED ATTENTION & COGNITIVE IMPACT

Prolonged use of tablets has been linked with reduced memory, slower processing speeds and difficulties in concentrating. Research shows that children who spend excessive time gaming or consuming media on tablets may struggle with language development and executive functioning over time.

#### INAPPROPRIATE CONTENT

The App Store and Safari browser provide almost unrestricted access to online material. Children may stumble upon age-inappropriate content, whether through apps, advertisements or online searches. Even recommended content algorithms can surface unsuitable material.

#### ENABLE FAMILY SHARING

Family Sharing allows you to create a dedicated Apple ID for your child and manage their activity. You can approve purchases, control what content they can access, and set time limits – all done remotely from your own device. It's a simple but powerful way to maintain oversight.

#### FILTER APPS, WEBSITES & IN-APP PURCHASES

Parental controls in iOS let you block explicit content in Safari, restrict app downloads, and manage in-app purchase permissions. You can also filter websites automatically to prevent access to adult material and disable the installation of certain app types completely.

#### USE SCREEN TIME FEATURES EFFECTIVELY

Tools like Downtime and App Limits can reduce device overuse. Downtime allows you to block access during key times – such as before bed or during homework – while App Limits sets daily time caps on specific games or apps. Alerts help children anticipate when their time is almost up.

#### PREVENT UNAPPROVED SPENDING

Children can accidentally (or intentionally) make purchases within apps. Activating Ask to Buy under Family Sharing ensures you receive a notification to approve any app or in-app purchase. This stops surprise charges and allows you to discuss purchases together before they're made.

### Advice for Parents & Educators

#### Meet Our Expert

Carly Page is a seasoned technology journalist with over a decade of experience. Formerly a senior cybersecurity reporter at TechCrunch, Carly now writes for publications including Wired, Forbes, TechRadar, and iFixit. With a deep understanding of online safety, she brings a valuable perspective to parenting in the digital age.



**#WakeUpWednesday**

The National College

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### Swimming

All swimming sessions are during the afternoons. Please ensure children bring a towel, swimming suit and goggles. Swim caps are advised but not essential.

**Summer 2**  
Year 6



# Summer Holiday Tennis Camps

www.devonshiretennisacademy.com



Develop your child's tennis whilst having fun, making friends & playing games.  
Our dedicated, passionate & engaging coaches welcome all ages & abilities in great locations.

**Summer Holidays To book email: [bookings@devonshiretennisacademy.com](mailto:bookings@devonshiretennisacademy.com)**

## Junior Camp

5 - 12 yr olds | 10am - 1pm | £15 per day or two children for £25 (Siblings or Friends)

### Week 1

Mon 28th July – Braunton  
Tues 29th July - Rock Park  
Wed 30th July – Braunton  
Thurs 31st July - Rock Park  
Fri 1st Aug – Braunton

### Week 2

Mon 4th Aug - Rock Park  
Tues 5th Aug – Braunton  
Wed 6th Aug - Rock Park  
Thurs 7th Aug – Braunton  
Fri 8th Aug - Rock Park

### Week 3

Mon 11th Aug - Braunton  
Tues 12th Aug - Rock Park  
Wed 13th Aug - Braunton  
Thurs 14th Aug - Rock Park  
Fri 15th Aug - Braunton

## Teen Camp

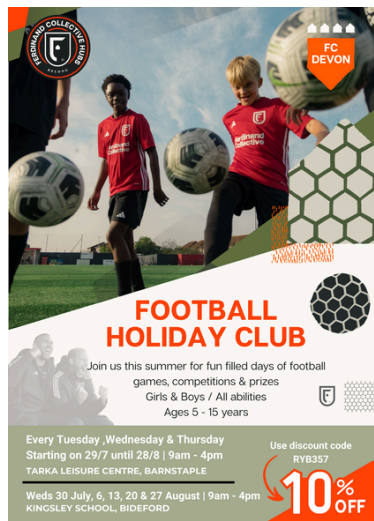
12 - 16 yrolds | 10am - 1pm | £15 per day or two children for £25 (Siblings or Friends)

### Dates

Mon 28th July - Braunton  
Wed 30th July - Braunton  
Fri 1st Aug - Braunton  
Tues 5th Aug - Braunton  
Thurs 7th Aug - Braunton  
Mon 11th Aug - Braunton

Park Lane Tennis Club, Rock Park, EX32 9AH  
Braunton Tennis Club, Wrafton Road, EX33 2BP


**Locations**  
Barnstaple  
Braunton






1	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Potato Wedges (v)	Chicken Curry with Rice	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Sausage Pinwheel, Herby Diced Potatoes & Baked Beans	Fish Fingers & Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Cheese and Tomato Pasta Bake & Crusty Bread (v)	Lentil Roast with Stuffing, Roast Potatoes and Gravy (v)	Plant-based Sausage Pinwheel, Herby Diced Potatoes & Baked Beans (v)	Golden Veggie Goujons & Chips (v)
Jacket Potato	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo
Served with	Sweetcorn	Mixed Vegetables	Carrots and Green Beans	Mixed Salad	Peas or Baked Beans
And for Pudding	Pip Organic Ice Lolly	Brownie	Flapjack	Fruit Jelly	Shortbread Biscuit
Packed Lunch + pudding of the day	Tuna Baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct



2	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Mac n Cheese & Crusty Bread (v)	Sweet & Sour Chicken with Steamed Rice	Honey Roast Gammon with Mash & Gravy	Meatballs in Tomato Sauce with Pasta	Chicken Bites & Chips
Hot Option 2	Sweet and Sour Plant Balls with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v) & Crusty Bread	Vegemince Cottage Pie & Gravy (v)	Plant-based Sausages in Tomato Sauce with Pasta (v)	Vegetarian Enchilada & Chips (v)
Jacket Potato	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo
Served with	Mixed Vegetables	Sweetcorn	Peas and Carrots	Mixed Salad	Peas or Baked Beans
And for Pudding	Pip Organic Ice Lolly	Oaty Cookie	Toffee Cream Shortcake	Jam Sponge & Coconut	Chocolate Shortbread
Packed Lunch + pudding of the day	Tuna Baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct



3	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheese and Tomato Pizza Swirl with Potato Wedges (v)	Lasagne & Garlic Bread	Sausages Yorkshire Pudding Mashed Potato & Gravy	Breaded Chicken, Lettuce and Mayo Wrap with Steamed Rice	Fish Fingers & Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Bean Bake & Garlic Bread (v)	Plant-based Sausages Yorkshire Pudding Mashed Potato & Gravy (v)	Tomato and Courgette Frittata with Potato Wedges (v)	Cheesy Pinwheel & Chips (v)
Jacket Potato	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo
Served with	Peas and Sweetcorn	Mixed Salad	Cabbage and Carrots	Crunchy Salad Sticks	Peas or Baked Beans
And for Pudding	Vanilla Ice Cream	Blueberry Cupcake	Carrot Cake	Chocolate Oatcake	Vanilla Crunch Bar
Packed Lunch + pudding of the day	Tuna Baguette	Ham Baguette	Cheese Baguette	Ham Baguette	Cheese Baguette

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct

\*Available Daily:  
Fresh Salad, Bread & Drinking Water + Fresh Fruit or Yoghurt as Pudding Alternatives