



# SCHOOL NEWSLETTER

fremington@thsp.org.uk

23rd October 2025



Reminder - We are a  
Nut & Kiwi Free school

## Latest News

### What a Week!

We've had a wonderfully busy week filled with learning, celebration, and community spirit. We began with our Harvest Festival at St Peter's Church - a joyful event that brought us together to reflect on kindness and gratitude. Thank you to those of you that were able to join us at the church, help with walking, or contribute to our collection for the local foodbank.



Midweek, our Year 1 and 2 pupils enjoyed a visit to Exmoor Zoo, exploring animal enclosures as part of their learning. Meanwhile, Year 3 took part in a sports festival at Pilton Community College, getting the best of the crisp autumn weather and having a fantastic time!



Today marked our first learning showcase of the half term, with Kites, Tawny Owls, and Puffins proudly sharing their work. It was a lovely celebration of their achievements.

A heartfelt thank you for all of the donations which have come in today – these will help the school community have a very, merry Christmas!

As we wrap up for half term, we wish all our families a restful break. We look forward to welcoming the children back on Monday 3rd November.

**Happy Half Term!**



### School Development News

Today we have welcomed Leanne Arrowsmith (Trust Education Partner) into school. She last visited at the start of September and was positive about the progress being made. She remarked that children were calm and focussed. Classrooms are purposeful and the Early Years area has developed well. Thanks for the donations towards their water and sand areas!

### Learning Consultations

You will have received a letter via MCAS informing you of our upcoming learning Consultations. Slots will be available to book on MCAS from 6pm on Friday.

### Well Done!

On Sunday 19th October, Clara took part in her first trampolining competition held in Bristol. Clara has been learning a routine since the start of September with Air Extreme Academy in preparation for this! She was nervous but extremely brave and performed twice in front of the judging panel. Her hard work was rewarded by achieving first place in her category.

Well Done Clara, we are incredibly proud of you!



### Year 6 Secondary Transition

I have written to parents/carers of Year 6 children today to remind you that you have two weeks left to apply for your child's secondary place.

Please ensure that you act on this prior to the deadline (31/10/25) to ensure the best chance of getting the school place that you desire.

### Can you help?

We would like to create a water wall in the Reception outdoor area and need some 'pre-loved' resources! If you have any gutters, pipes, cable ties, funnels, PVC pipe connectors etc that are lying around in your garden/business and are no longer needed we would love to take them off your hands!

Thanks in advance,  
Mrs Swift



### Award Winners

- Oscar J - Periwinkles
- Laionie A & George B - Starfish
- Esme G & Reggie M - Polecats
- Max B & Evie W - Stoats
- Alfie S & Clara B - Otters
- Theadora A - Cocoon
- Blake C & Orla P - Kites
- Oscar I & Ethan W - Puffins
- Isaac S & Sienna Z - Tawny Owls
- Ezra S & Taylor W - Porpoises
- Tallulah A & Freddie P - Grey Seals
- Evie G & Alfie B - Red Deer
- Eddie M & Joseph W - Badgers

**Congratulations to all our winners!**

### Attendance

Well done to our Year 3's this week!

W/B: 20/10/2025	
1	90.5%
2	95.1%
3	97.3%
4	92.3%
5	95.8%
6	88.7%
<b>Overall</b>	<b>93.3%</b>

### ★ Upcoming PTFA Events ★

- ★ Thursday 6<sup>th</sup> November - Disco Time (See attached poster and posters around school for more details).
- ★ Thursday 4<sup>th</sup> December: Wreath making evening (more details to follow)
- ★ Friday 5<sup>th</sup> December: Elfridges (gift order forms coming out after half term)

**PTFA will also be running THE BIG CHRISTMAS RAFFLE (more details to follow)**

For the school disco event we are looking for volunteers to help with -

- Selling Tickets
- Dancing
- Face Painting
- Sweet Stalls

If you are available to help please contact the PTFA through their facebook page - Fremington School PTFA



### Calendar



**Friday 24<sup>th</sup> October** - Trust - Non-Pupil Day

**Monday 27<sup>th</sup> October** - Friday 31<sup>st</sup> October - Half Term

**Tuesday 25<sup>th</sup> November** - School Photo Day - More information to follow

**Wednesday 3<sup>rd</sup> December** - NHS Flu Vaccinations - All Years - Please **OPT IN** if you want your child to have the vaccine.

**Thursday 4<sup>th</sup> December** - Year 6 Learning Showcase at 2pm

**Friday 5<sup>th</sup> December** - Year 5 Grey Seals Learning Showcase at 2.15pm

**Friday 12<sup>th</sup> December** - Year 5 Porpoises Learning Showcase at 2.15pm

**Monday 15<sup>th</sup> December** - Nursery and Reception Christmas Sing-a-long at 2.15pm

Term dates are available on our [website](#).



### Fremington Foodbank - Happy Hour

Fremington foodbank operates Fridays 10:30 - 1:30 in the church hall at St Peters Church Fremington.  
Happy Hour

For the last hour (12:30 - 1:30) you can access this service with no need for a food voucher. Often the foodbank has surplus stock donated from the supermarkets and want to share this with the community rather than it going to waste. Please take a bag and see what they have to offer.

If you would like more information or to donate to the foodbank please see the 'Fremington foodbank' Facebook page.

### Autumn / Winter Dinner Menu

Please check out our NEW Autumn / Winter 2025/2026 Dinner Menu below!

Don't forget that if your child has free school meals or is in Reception, Year 1 or Year 2, there is no charge for their lunch!

All other years there is a charge of £2.60, funds to be loaded via your MCAS account.

1

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Margherita Pizza with Potato Wedges (v)	Breaded Chicken with Savoury Rice	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Meatballs in Tomato Sauce with Spaghetti	Fish Fingers or Salmon Fish Fingers & Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Homemade Bean Burger with Savoury Rice (v)	Plant Sausages with Stuffing, Roast Potatoes and Gravy (v)	Tex Mex Chilli Loaded Wedges (v)	Spanish Omelette & Chips (v)
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Baguette	Tuna	Ham	Cheese	Ham	Cheese
Served with	Fresh Seasonal Veg	Sweetcorn	Fresh Carrots & Cabbage	Country Mixed Veg	Peas or Baked Beans
And for Pudding	Vanilla Ice Cream	Sticky Toffee Cake	Iced Shortbread	Apple Crumble & Custard	Chocolate Oatcake with Orange Wedges

Week One: 3 Nov | 24 Nov | 15 Dec | 19 Jan | 9 Feb | 9 Mar | 30 Mar

Fresh Mixed Salad, Bread &amp; Drinking Water &amp; Fresh Fruit or Yoghurt as Pudding Alternatives

2

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Sausage Pastry Pinwheel with Potato Wedges	Roast Gammon & Roast Potatoes with Gravy	Chicken Burrito Bake with Steamed Rice	Chicken Fillet Bites & Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Plant Sausage Pastry Pinwheel with Potato Wedges (v)	Cheese and Potato Pie (v)	Cheese and Tomato Pasta Bake (v)	Veggie Fingers & Chips (v)
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Baguette	Tuna	Ham	Cheese	Ham	Cheese
Served with	Peas & Sweetcorn	Baked Beans	Fresh Carrots & Green Beans	Country Mixed Veg	Peas or Baked Beans
And for Pudding	Vanilla Ice Cream	Shortbread with Apple Wedges	Chocolate Cracknell	Iced Sprinkle Cake	Oaty Cookie

Week Two: 10 Nov | 1 Dec | 5 Jan | 26 Jan | 23 Feb | 16 Mar

Fresh Mixed Salad, Bread &amp; Drinking Water &amp; Fresh Fruit or Yoghurt as Pudding Alternatives

3

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Macaroni Cheese & Crusty Bread (v)	Chicken Curry with Steamed Rice	Sausages with Yorkshire Pudding, Mashed Potato & Gravy	Handmade Cottage Pie	Fish Fingers & Chips
Hot Option 2	Vegetable Enchilada (v)	Veggie Curry with Steamed Rice (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato & Gravy (v)	Cheese and Potato Pastry Pinwheel with Potato Wedges (v)	Quorn Nuggets & Chips (v)
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Baguette	Tuna	Ham	Cheese	Ham	Cheese
Served with	Fresh Seasonal Veg	Peas	Fresh Carrots & Peas	Sweetcorn & Broccoli	Peas or Baked Beans
And for Pudding	Iced Fruit Smoothie	Jam Sponge	Vanilla Arctic Roll	Carrot Cake	Apple Flapjack

Week Three: 17 Nov | 8 Dec | 12 Jan | 2 Feb | 2 Mar | 23 Mar

Fresh Mixed Salad, Bread &amp; Drinking Water &amp; Fresh Fruit or Yoghurt as Pudding Alternatives

FREMINGTON SCHOOL PTFA PRESENT

£3 A TICKET TO INCLUDE DRINKS

**TIME TO DISCO**

THURSDAY  
NOVEMBER  
06

NURSERY, RECEPTION & KS1: 4.30 UNTIL 5.15  
KS2: 5.30 UNTIL 6.15

TICKETS ON SALE: MONDAY 3RD, TUESDAY 4TH AND WEDNESDAY 5TH NOVEMBER - ALSO AVAILABLE ON THE DOOR



**IMS** | Instrumental Music Services

**Music Lessons at Fremington Primary School**




**Piano, Violin, Guitar, Singing and Woodwind lessons with Emma**



Email: [imsnorthdevon@gmail.com](mailto:imsnorthdevon@gmail.com)






**OCTOBER HOLIDAY CLUBS**

**FOOTBALL FUN FOR GIRLS AND BOYS!**





**VARIOUS LOCATIONS**

**9.30am – 3.30pm**

**Monday 27th – Friday 31st October**

**AGES 5-14**

**SKILLS TOURNAMENTS PRIZES FUN, FUN, FUN!**





**EXETERCCT.ORG**

**BOOK TODAY**

# What Parents & Educators Need to Know about FORTNITE



## WHAT ARE THE RISKS?

With over 650 million registered users, Fortnite remains one of the most played and discussed online games globally. Known for its vibrant graphics, fast-paced gameplay, and cultural crossovers with everything from music artists to superhero franchises, the game continues to capture the attention of young people. This guide outlines the risks trusted adults need to know about, including game updates, and offers practical safety tips to help address them.

### ALWAYS ONLINE

There's no single-player, offline mode in Fortnite; it can only be played online. Internet access can sometimes be an issue when you're out and about, both in terms of connectivity and using up data. You may find that dedicated, young Fortnite players are often less enthusiastic about family time or trips away – such as days out and holidays – than you might expect.

### IN-GAME COSTS

Fortnite is free to download and play, but it does offer various additional purchases – limited-time cosmetic 'skins', music tracks, LEGO items, and battle passes. Children can feel pressured to spend money on V-Bucks – the in-game currency – to avoid missing out, particularly as exclusive items rotate frequently. Some items may not return to the store for years, while Battle Pass rewards are often "gone when they're gone".

### VIRTUAL VIOLENCE

There's no avoiding that Fortnite is about shooting other players to eliminate them from the contest. That said, there's no blood or gore. The violence is rendered in a cartoonish style, and there are frequent comical touches to lighten the mood, such as mini-games and emotes. Guns and other weapons often look and behave realistically, so discretion is advised. Past seasons have introduced characters and references from mature franchises like *The Witcher* and *Halo*.

### CROSSPLAY AND PARTY CHAT

Fortnite is popular with many gamers of various ages. Crossplay allows friends to play with each other, regardless of whether they're on an Xbox, PlayStation, Nintendo Switch or PC, while the Party Chat feature allows them to talk to each other during the game. This can put youngsters at risk of exposure to strangers, inappropriate language, and cyberbullying.

### FREQUENT UPDATES

Seasonal releases introduce new map changes, gameplay mechanics, and cosmetics. Ongoing updates can increase screen time and potential for obsession as children try to unlock rewards before the season ends. These regular renewals help to hold players' interest, but also give young gamers plenty of reasons to keep coming back. Seasons often change thematically.

### POP CULTURE REFERENCES

Part of Fortnite's appeal is its ongoing crossovers with other popular franchises, ranging from films and TV shows like *Power Rangers* and *Avatar: The Last Airbender*, to comic book characters including *Batman*. Other collaborations with series, artists, and influencers may expose children to music, language, or ideas that are more suitable for older audiences.

## Advice for Parents & Educators

### DISCUSS SAFE SOCIAL INTERACTION

Talk with children about who they're playing with online. Coordinate play time with the child's friends for socialisation and safety in numbers. Encourage them to avoid private voice chats with strangers and remind them not to share personal information. Use real-life examples to explain potential risks, and remind them that if they see something concerning, they should tell a trusted adult.

### ENJOY FORTNITE TOGETHER

Fortnite also offers split-screen gameplay, meaning that two people can play simultaneously on the same console or computer. This can be a good option for siblings or for when a child's friends visit, but it also offers an opportunity for parents to do something fun with their child, while making sure they're playing the game safely. Who knows? You might even teach them a thing or two!

### SET SPENDING LIMITS

Fortnite's rotating store is a not-so-subtle mechanism for coaxing players into buying sought-after items before they disappear for weeks or months. This could lead to surprise transactions on bank cards if children are tempted into an impulse purchase. Parents could consider getting a prepaid card for the child or ensuring that purchases require adult authorisation. This can be done through parental settings on a console or account settings in the Epic Games app on PC.

### BE WARY OF SCAMS

The immense popularity of Fortnite with younger audiences – that are generally more trusting – means there's no shortage of scammers looking to fraudulently obtain passwords and other personal data through techniques like phishing. As the developers point out on many of Fortnite's loading screens, they *never* ask for a player's account password outside of the game. Make sure any young player knows this.

### Meet Our Expert

Lloyd Coombes is an experienced freelance writer and has been working in the gaming and tech industry for seven years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, TechRadar, and plenty more.



# October Half Term Tennis Camps



*Develop your child's tennis whilst having fun, making friends & playing games.  
Our dedicated, passionate & engaging coaches welcome all ages & abilities in great locations.*

## Junior Camp

5 - 12 yrolds | 10am - 1pm | £15 per day or two children for £25 (Siblings or Friends)

### Dates

Tues 28th Oct - Braunton  
Weds 29th Oct - Barnstaple  
Thurs 30th Oct - Braunton  
Fri 31st Oct - Barnstaple

## Teen Camp

12 - 16 yr olds | 10am - 1pm | £15 per day or two children for £25 (Siblings or Friends)

### Dates

Tues 28th Oct - Braunton  
Thurs 30th Oct - Braunton

### Locations

Barnstaple Park Lane Tennis Club, Rock Park, EX32 9AH  
Braunton Braunton Tennis Club, Wrafton Road, EX33 2BP

**To book email: [bookings@devonshiretennisacademy.com](mailto:bookings@devonshiretennisacademy.com)**

[www.devonshiretennisacademy.com](http://www.devonshiretennisacademy.com)

# PRELOVED BABY & CHILDREN'S SALE



SUNday 23  
NOVEMBER  
2pm - 3.30pm



Roundswell Community Centre

PRELOVED  
ITEMS FROM  
BIRTH TO  
TEENAGERS



TOYS  
CLOTHES  
BOOKS  
& MORE

Save money on high quality, preloved items

Bag yourself a bargain

Book a stall & make some money

£10 for sellers & £1 on door for adults, children free

Free entry after 3pm

Interested in booking a table? contact louise lincoln

07871 951439 or [loumoir@hotmail.com](mailto:loumoir@hotmail.com) or

SEARCH FACEBOOK FOR 'NORTH DEVON PRELOVED BABY & CHILDREN'S SALES'



**PRIMARY SCHOOL**  
**BASKETBALL**  
**ATPILTONCOMMUNITY**  
**COLLEGE**

**For School Years 3,4 and5**

**On Tuesdays**

**From 16.15 till 17.15**

**Cost £4.**

**'EVERYONE WELCOME'**

**Year 6 and 7 session follows**

**at 17.15 to 18.15**

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For further information please contact David Roper on  
07969368553 or [davidropersports@gmail.com](mailto:davidropersports@gmail.com)

**NORTH DEVON**



**BUCKS**



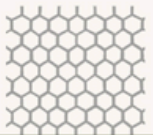
# FOOTBALL HOLIDAY CLUB



Join us this summer for fun filled days of football games, competitions & prizes

Girls & Boys / All abilities

Ages 5 - 15 years



27 - 31 OCTOBER | 9am - 4pm

TARKA LEISURE CENTRE, BARNSTAPLE

28 - 29 OCTOBER | 9am - 4pm

THE KINGSLEY SCHOOL, BIDEFORD